

## VANTAGE VOCATIONAL SCHOOL SCHOLARSHIP DINNER AND OPEN HOUSE



Kyle Hanenkraat, Larry Ray and Mike Knapp in this picture. Both Kyle and Mike are alumnus of Vantage. Larry is the instructor of the Machine Training Class.

By: Sue Knapp

The Vantage Vocational School Scholarship Dinner and Open House was held on Monday night, February 12. The dinner was held to provide funds for the scholarship program and the open house was for those interested in Vantage and for those alumni who wanted to take a walk back in time and to see all the

changes.

Vantage, as a vocational school, serves 13 high schools from Paulding and Van Wert Counties. They provide specialized, hands on training classes for Juniors and Seniors. Vantage also conducts classes in English, Science and History. They also provide GED and Adult Classes. Vantage has been in operation

for over 30 years with some of the teachers there from the beginning.

Mike, my son, graduated from Vantage from the Machine Training Class. Vantage does job placements and Mike was able to get a job in a factory in New Haven, IN two weeks before graduation and he has been there ever since. Mike really enjoyed Vantage and really feels blessed by going there.

So, Mike and I went to the open house and tried to hit all the classes, talk to each teacher and to some of the

(Continued on Page 3)

## LETTER TO THE EDITOR

I have been noticing letters that are critical of our local elected officials and volunteer organizations, e.g. commissioners, sheriff, mayors, councils, township trustees, school boards, and fair board? People serving in a public capacity do make easy targets because it is easier to criticize than it is to do the job? As a former county commissioner and current county economic development director, I work with these people a lot, and I know how hard these public servants work to solve issues for the best interests of our local citizens.

Public servants are human and do make mistakes, but this negativism is bad for our county. When you read these letters, please consider the source. What is the motive behind the criticism??

To those who have differences of opinions with our local leaders, please do this:

1. Go to them, talk to them, go to their meetings, and fully understand the situation.
2. Find out all the information before making rash statements.
3. Offer solutions, not criticism.
4. Consider serving the public yourself.

We Americans have freedom of speech and expression, but like all freedoms, we must be responsible and wise in our use of them.

I like this quote (paraphrased) by Teddy Roosevelt: "It is not the critic in the seat, who watches the match who wins the glory, but the boxer who struggles and toils, the boxer who does not always win, but fights the good fight. The man in the ring is the champion."

Be a winner, be part of the solution.

—Tony Langham

## WAYNE TRACE TO HOST SOUP AND SANDWICH SUPPER

The Wayne Trace NHS is hosting a soup and sandwich meal this Friday, February 23 from 4:30 to 6:00 p.m. before the Ottoville game. Soup choices will include chili and chicken noodle soup, and sandwich choices will include shredded chicken and sloppy joes. The menu also includes chips, dessert, and a drink.

## THANK YOU

We would like to thank all those who worked all night long on the roads in Antwerp on Tuesday night. We left the house on Wednesday morning about 9:00 a.m. and the roads were in wonderful shape. Thank you.

We would especially like to thank Frank and Mary Leinard and Mike Johnson for working all night on the roads in Leinard's Trailer Court. They worked through the night so that we could leave in the morning. It is things like this that make it a wonderful pleasure to live where we live.

Thank you all,  
—Mike and Lisa Knapp

## PAULDING KIWANIS OFFERS ROSE REFUND

Nothing says "I love you" like a dozen frozen roses on the day after Valentine's Day. With all kidding aside, the Kiwanis Club of Paulding County apologizes for both the late delivery and the condition of roses ordered through their Valentine's Day Rose Sale. During transport, over 140 dozen roses were ruined due to freezing conditions and blizzard delays. If you ordered roses from the Paulding Kiwanis for Valentine's Day, contact the Kiwanian who sold you your flowers and you will receive a refund. The Kiwanis Club of Paulding County apologizes for any inconvenience you experience or unhappy recipient you had to face, and hope you will give us another chance during our Mother's Day Rose Sale to be held later this spring.

## Have Something to sell?

Classified ads are \$5.00 for 25 words or less and only \$.10 for each additional word.

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Just bring in their newspaper advertisement or menu to prove price.

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Hours: Mon. - Fri. 6:00 am - 7:00 pm  
Sat. - 7:00 am - 1:00 pm  
Sun. 7:00 am - 2:00 pm

## PAULDING COUNTY DEMOCRATIC PARTY FUNDRAISER

Paulding Eagles March 3, 2007 6:00 pm  
**SWISS STEAK DINNER**  
Featured Speakers:  
Tim Burkepile—District Deputy Director ODOT Fort to Port Update  
Tony Wobler—Personnel Officer ODOT  
Dave Harrow—Paulding County Sheriff Update on the Paulding County Jail  
Donation \$20.00 Entertainment by Rebel Rose  
Tickets available from any committeeman or by calling 419-399-5391

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St. John the Baptist Catholic Church Hall  
Payne, Ohio

FEB. 23, 2007  
MARCH 2, 2007  
MARCH 16, 2007  
MARCH 30, 2007

Serving from 5-7 pm  
Meal includes Fish, Cole Slaw, Scalloped Potatoes or French Fries, Fruit Cocktail, Roll and Drink

Adult \$7.00  
6-11 yrs \$3.00  
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BUY ONE OF OUR NEW 2007 MODELS NOW, AND GET A GREAT DEAL.  
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## Krouse Chiropractic Re-Opening

Monday, February 26, 2007  
Office Hours:  
Monday & Wednesday (8:30 am to 6 pm)  
Tuesday & Thursday (2 pm to 6 pm)  
Friday & Saturday (8:30 am to 12 pm)  
419-263-1393  
\*Accepting Most Insurances\*

**OBITUARIES**

**Mae Dean Barker**, 82, of Payne, died February 15, 2007 at Dallas Lamb Foundation Home, Paulding.

She was born in Paulding on May 14, 1924 the daughter of Perry and Ida Mae (Riblet) Casleman. She attended the Kingdom Hall of Jehovah's Witnesses, Antwerp.

She is survived by two sons: Dennis Beiswenger of Paulding and Bill Beiswenger of Napoleon, OH; a daughter, Sandra (Dennis) McDaniels of Cecil; a step-daughter, Sally Setaro of Cape Coral, FL; eleven grandchildren; one step-grandchild; and fifteen great-grandchildren.

She is preceded in death by her parents; and a brother, Edward Casleman.

Graveside funeral services was held February 19 in Paulding Memorial Cemetery, Paulding with Richard Schroeder officiating.

Donations may be made to Dallas Lamb Foundation Home Activity Fund.

Arrangements were handled by Den Herder Funeral Home, Paulding.

**Jason M. Heifner**, 29, of Paulding, died February 15, 2007 from injuries sustained in a snowmobile/truck accident.

He was born on March 31, 1977 in Port Clinton, Ohio the son of Martin and Judy (Marysz) Heifner. He was employed by Baughman Tile Company, Paulding. He was a member of Paulding Gun Club and was an avid hunter.

He is survived by his father, Martin L. (Patricia) Heifner of Paulding; mother, Judy Cole of Marietta, OH; fiancée, Somer Bullinger of Paulding; two brothers: Martin L. Heifner, Jr. of Oakwood and Aaron Poole of Columbus, OH; four sisters: Tonia Heifner of Ashland, OH, Stacey Cole and Mandi

Heifner both of Marietta, OH, and Audrey Laughlin of Shelby, OH; and grandmothers: Thelma Heifner of Delta, OH and Stella Marysz of Marblehead, OH.

He is preceded in death by his grandfathers: Warren Heifner and Eli Marysz.

Funeral services will be conducted at 11:00 a.m. Saturday, February 24 at Den Herder Funeral Home, Paulding. Burial will be in Hedges Cemetery, Broughton.

Visitation will be 4:00 - 8:00 p.m. Friday, February 23, and one hour prior to services on Saturday at Den Herder Funeral Home, Paulding.

Donations may be made to a charity of the donor's choice.

**Patty Meeks-Bland**, 68, of Oakwood, died February 16, 2007 at St. Rita's Medical Center, Lima, OH.

She was born October 11, 1938 in Miller City, OH to the late Richard J. and Pauline M. (Drew) Deitrick. She married John E. Meeks in 1959, he died February 1984. She married William Bland in 1995 and he is also deceased.

She was the owner of John's Bar in Oakwood for 26 years and formerly worked at The Peg Leg in Continental, OH. She was a member of Grover Hill VFW Auxiliary. Surviving are two sons: John E. Meeks of Oakwood, and Ronald L. Meeks of Toledo, OH; two grandchildren; one brother, Gene (Karen) Deitrick of Oakwood.

Funeral services were February 20 at Heitmeyer Funeral Home, Oakwood. Rev. Robert Merriman officiated. Burial was in Monroe Cemetery, Continental, OH.

Memorials to Paulding County Visiting Nurses. Condolences may be sent to [www.heimmeyerfuneral-](http://www.heimmeyerfuneral-)

home.com.

**Elmer R. Klinger, Jr.**, 80, of rural Defiance, died February 17, 2007 at the emergency room of Community Hospitals and Wellness Centers, Bryan, OH. Mr. Klinger was employed by International Harvester, Fort Wayne, IN for over 30 years, retiring in 1975. He was an active member and participant at Auglaize Village in Defiance, the Maumee Valley Steam Show, the Flat Rock Creek Festival in Paulding, and the Van Wert Old Fashioned Farmers. Elmer owned his own sawmill. He also pressed his own apples and made his own cider and molasses. Elmer trusted in the good Lord and his sorghum molasses all his life, taking both each and every day...

Elmer R. Klinger, Jr., was born on July 20, 1926, near Convoy, OH the son of Elmer R. and Evelyn Belle (O'Bryant) Klinger, Sr. He married Mona C. Bailey on June 27, 1968 in Van Wert County, OH and she survives.

In addition to his wife, Mona, he is survived by five daughters: Ruby (Dan) Leininger of Flagstaff, AZ, Ruth (Rex) Rinker of Van Buren, OH, Robin Miles of Fort Walton Beach, FL, Ramona and Kelly Jo Klinger both of Ney, OH; one son, Elmer R. (Laurie) Klinger, III of Portland, OR; step-daughter, Carol (Andy) Bilbado of Defiance; two step-sons: Mike (Cheryl) Bergman of Sherwood, OH and Rob (Faye) Bergman of Ney, OH; 21 grandchildren and 24 great-grandchildren; two brothers: Roy (Sue) Klinger of Phoenix, AZ and Rowland (June) Klinger of Marion, IN; three sisters: Ruby (William) Miller of Grove City, OH, Rachel (Joe) Wyandt of Haviland and Naomi (Don) Rice of Niceville, FL

He was preceded in death by his parents; one daughter, Patricia Ann Klinger; five sisters: Rea and Pauline Klinger, Ruth Crabill, Rose Miller and Evelyn Coyne; and one brother, Robert Klinger.

There will not be any visitation or services for Mr. Klinger. Arrangements by Krill Funeral Service, 860 West Mulberry Street, Bryan.

Memorials in the name of Elmer R. Klinger, Jr. may be made to the American Cancer Society or to the family. Condolences may be left and the guest register signed at [www.krillfuneralservice.com](http://www.krillfuneralservice.com).

**BLOOD DRIVE COMING TO PAULDING COUNTY**

There will be a Blood Drive on Thursday, February 22, 2007 from 11:30 a.m. - 5:30 p.m. at the St. Joseph Catholic Church in Paulding.

If you have any questions, please call Christine Taylor, Bloodmobile chairman, 419-594-3789.

**ANTWERP EXCHANGE BANK BOARD OF DIRECTORS ANNOUNCE PROMOTIONS**

The Board of Directors of Antwerp Exchange Bank met recently and have announced several promotions. John M. Kobee was named Senior Vice President and CFO, Gordon D. Barnes was named Senior Vice President, Joyce R. Parrish was named Vice President, Lora S. Longberry was named Vice President and Geoffrey L. Hyman was named Vice President. In addition, George F. Rhonehouse was named Chairman of the Board.

The promotions were announced to more accurately reflect the duties performed by the individuals named. Mr. Kobee has been with the bank for 23 years and Mr. Barnes has been with the bank since 1999. Mrs. Parrish joined the bank in 1971 and Mrs. Longberry has been with the bank since 1978. Mr. Hyman joined the bank in October after being with Community First Bank and Trust and the former Union State Bank in Payne for 25 years.

**Did you know inserting a flier in the West Bend News is only 7¢ each? You can save a lot over regular postage.**

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*-Ephesians 1:19*



PASTOR: Scott Marsee  
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Antwerp, OH 45813

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At the Payne Youth Center the "Rock"  
104 S. Main St. • Payne, OH


*For more info:*  
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At the Payne Youth Center the "Rock"  
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*Reaching In* - Making Disciples  
*Reaching Out* - Pouring out life through relationships



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Sun. AM Bible Study 9:30 • Service 10:30  
Sun. PM Bible Study 6:00 • Service 7:00  
Wed PM J.A.M. & Bible Study 7:00  
*Bryce Steiner speaking February 25th.*

*Listen to the sermon at [www.antwerpchurchofchrist.com](http://www.antwerpchurchofchrist.com)*


**New Worship Service - is coming!!!**

Living Water Ministries invites you to come as you are to our brand new contemporary worship service.

Sunday Mornings @ 10:00 p.m. - **beginning** March 4

Service located @ Payne Community Center the "Rock";  
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For more info call 419-263-2728 or, by email - [rjphelan@bright.net](mailto:rjphelan@bright.net)



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Zach Gent is a senior in the Vantage Vocational School program of Machining Training Class.



Jon Knippen is standing in front of the lathe at Vantage.

(Continued from Page 1)

students. Mike saw his old teacher and some of the kids he graduated with including one gentleman who works at the same place he works and also graduated from Vanage. Of course, the first class we hit was the Machine Class. Mr. Larry Ray has been the teacher for 7 years, he has 26 students. It was like old home week for Mike. This class, as with all the other classes, has kept up with the changing times. We then went into the welding class where Dennis Koister has taught for 30 years. I noticed the students really seemed happy to be there and really have good relations with their teachers. In the Auto Body Shop, Mr. Keuneke has taught for 28 years. You can call the school to have the shop work on your car, but it will take a bit longer to get done. They also have cars donated to them. I watched a student, Larry Dunlap, working on a fender.

The Auto Tech has worked in conjunction with the Auto Body Shop. Jeff Duncan, who's taught for 12 years also accepts donations of cars, will buy some, use student cars and some customer cars. There was a car up on a lift and I learned that the transmissions on front wheel drives aren't like they used to be. Mike showed me how it sits beside the engine. I guess we're never too old to learn something. Vern Fischer has taught Ag - Deisel for 18 years. They had some very old tractors with their engines being worked on. Industrial Mechanics was next. Mike Klultka is the Senior Teacher and Keven Vanoss is the Junior Teacher. This class specializes in alot of things such as: hydraulics and electricity. The students here will hire out in industrial maintenance in factories. Mel White, the teacher in the Electricty program, graduated from Vantage 30 years ago and has taught there for 14 years. This class deals in



Mr. Bones is standing here talking with Sue Knapp from West Bend News. He is part of the Nurses Aid Training Program and the Medical Office Management Class of Vantage.

residential, industrial robotic and motor controls. Ryan Miller, a student, showed me robots that picked up parts and was able to put them in various boxes by the different materials or things the parts have on them. It was really neat.

The Carpentry Class works in conjunction with the Electrical Program. The Carpentry Class builds the houses, the Electrical Class runs the wires. Mr. Robinson, the Junior teacher has been there for one year. The Juniors act as apprentices, learning how to make and read blue prints, build cabinets and trusses and they were able to work for three weeks on the house this year. The Senior teacher takes his students and they actually build a house which then goes on sale. They build one house a year.

Mrs. Moore has taught the Networking Systems Class for 18 years. In this class they design video games, troubleshoot, learn how to program, take computers apart and fix them, and they have something called clay tools. I was able to talk with Junior, Steven Carlise and Senior, Andrew Williamson. All the students I talked to were enthused about their classes and very helpful with information.

Medical Office Management Class instructor, Linda Bakes, has taught medical office management, med tech program, med transaction, insurance billing for 20 years.

Ressa Rohrs has taught Junior Health Careers for 7 years. The class provides a Nurses Aide Training Program which includes a 75-hour state course, medical office training and chair-side dental assistant.

Interactive Media teaches graphic design, web page design, and movie making. Although the instructor wasn't in at the time, Junior Sean Fischnich and Senior Melissa Figert filled me in on their class. They really appreciate Vantage and the fact that they can get a head start in their careers.

Amy Grothouse has taught the Cosmetology Class for three years. This class includes cutting hair, manicures, pedicures and facials among other things. After meeting the criteria, you are able to take the state board and receive your license after graduation. I am sorry to say that we

**PAULDING COUNTY COMMISSIONERS**

The Paulding County Commissioners met in regular session on Wednesday, February 7 and Monday, February 12, 2007.

The Wednesday, February 7 session included a report from Corey Walker, Director of the Paulding County Job and Family Services office (PCJFS.) The PCJFS office operates under state rules for the assistance of eligible county residents but is operated as a county office when it comes to the employment of staff. Walker updated the Commissioners on how his office amends the county personnel policy for unique PCJFS circumstances. An example is that one staff member must be on call at all hours of the day to respond to emergencies.

Paulding County Hospital CEO Gary Adkins informed the Commissioners that the terms of two Hospital Board members will expire soon. The Commissioners, along with Judge Webb and Judge DeMuth, will make these appointments. The terms of Ann Waldman and Ron Eschbach expire on March 1, 2007. Waldman and Eschbach have expressed their interest in continuing on the Hospital Board. Others interested in applying should obtain an application from the Commissioners' office by February 23.

The Commissioners will meet in special session on Friday, February 16 to approve bills for payment following the February 19 Presidents' Day Holiday. The Courthouse and other County offices will be closed on Monday in recognition of Presidents' Day.

The county health insurance advisory committee met with the Commissioners on Monday, February

then ran out of time, Open House was over and we didn't get to visit the Culinary Class.

Vantage also hosted sophomores from the area schools that day. It had been a busy day at the school. Very productive, Vantage is very productive.

12. The current health plan is fully funded and elected officials, employees and the Commissioners are considering a partially self-funded plan to gain the advantage of greater information about actual health care costs. The discussion was a continuation of a series of study sessions.

The Monday session included a report on programs for Paulding County citizens that are managed by the Maumee Valley Planning Organization (MVPO). Dennis Miller, MVPO Director, reported to the Commissioners that the state is adjusting the criteria to identify low to moderate-income areas for housing assistance. The changes will make it more challenging to direct funds to specific projects. More information will be available at the first public hearing on the program.

Commissioner Tony Burkley reported on a successful program that has installed dry fire hydrants at eight locations in the county. A dry hydrant is located at the site of a pond and can be used by a fire department to pump water from the pond. It is dry in the sense that the hydrant is not connected to a municipal water system.

The eight dry hydrants were installed, with one more in Crane Township within the next three months, through a grant administered by the Maumee Valley Resources, Conservation and Development (Maumee Valley RC&D). Burkley noted the dry hydrants improve the ability of fire departments to obtain water, especially when ponds are ice covered.

At noon on Monday, February 12, Commissioner Ed Straley attended the Senior Center Steering Committee. At 4:00 p.m., Commissioner Tony Burkley represented the Commissioners on the Revolving Loan Fund (RLF) Board. The RLF Board oversees the state funds that have been provided to Paulding County to help out area business activities. It is a revolving loan in the fact that as a loan is paid back the funds then come available for another business. Commissioner Marty Harmon reported that he will attend a meeting of the Board of Trustees of the County Commissioners Association of Ohio.

The Paulding County Commissioners meet in regular session from 8:00 a.m. to the close of business on Mondays and Wednesdays.

**"An unconstitutional act is not law; it confers no rights; it imposes not duties; affords no protection; it creates no office; it is in legal contemplation, as inoperative as though it had never been passed."**  
Paid for by Phillip Piersma —Norton vs. Shelby Cty., 118 US 425 p.442

**Calling All Cooks!**  
**Hawthorn Court to host Chili cook off**  
 Hawthorn Court is calling all cooks! Would you like to show off your *secret* chili recipe and perhaps **win a prize?** Feb. 28 at 3 p.m. may be the day you have been waiting for.  
 Get out in the kitchen and rattle those pots and pans, stir up some delicious chili and let the judges decide. Anyone—individual or groups – may enter the cook off by submitting one batch of homemade chili for review.  
 Prizes are: first – \$50 chamber gift certificate; second place – \$25 chamber gift certificate; and third place will win a \$15 certificate.  
 Following the judging, Hawthorn Court residents will eat some of the varieties for supper. It is hoped that there will be enough chili made by everyone to share with the PC Workshop.  
 Support your community, cook some chili, and maybe win a prize. For more information on how you can participate, please call Nancy Stoller or John Parsons at 419-399-4940

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**INTEGRITY FORD**



**8TH GRADE BOYS BASKETBALL AT ANTWERP**

**ANNE OF GREEN GABLES TO OPEN THIS WEEKEND**

**CURVES SUPPORTS COMMUNITIES NATIONWIDE WITH 9TH ANNUAL FOOD DRIVE**

**8TH GRADE BOYS BASKETBALL CONSOLATION GAME**

8th Grade Summary:  
Hicksville Aces (7-7) 12 9  
6 11=38

Antwerp Archers (5-7) 16  
10 7 12=45

On February 8, Antwerp's 8th grade boys came out firing on all cylinders in a non-conference match-up with neighbor Hicksville. The Archers won 45-38. The Archer boys shot six of nine from the field and took a 16-12 lead after one period. Hicksville turned up the intensity in the second period and played nearly even. After 12 minutes, the scoreboard read Antwerp 26, Hicksville 21. Both coaches buckled their team defense down in the third period and after three full quarters, the Archers held a 33-26 edge. The Aces started the fourth quarter hungry for the win, scoring seven straight points to take a 34-33 lead, but the Archers regrouped and hit their free-throws in a 45-38 win. Hicksville's John Michael led all scorers with 19. Logan Lucas scored 16 for the Archers and Tanner Copsey 10 markers.

Leading Scorers:  
Hicksville - John Michael 19, Hartman 7, Emenheiser 6, Applegate 2, Thiel 2, Brown 2  
Antwerp - Logan Lucas 16, Tanner Copsey 10, Jordan Koppenhofer 8, Dustin Hitzman 8, Anthony Reid 2, John Brown 1



Shown in the picture, left to right is Barb Jermeay as Rachel Lynde, Michael Blaugher as Matthew Cuthbert, Colleen Richter as Marilla Cuthbert, Kasey Connolly as Diana Barry, Steven Girlie as

Gilbert Blythe and Rachel Banks as Anne Shirley. CC Banks Productions of Antwerp is producing "Anne of Green Gables" February 23 and 24 at the Huber Opera House at 7:00 p.m. for dinner

theater, 8:00 p.m. show and at 2:00 p.m. on Sunday February 25. Call 419-506-1084 for reservations and information. This is a wonderful family show that is sure to warm your heart.

Curves of Hicksville will be participating in the Curves Food Drive to benefit local food banks. Last year, the Curves Food Drive collected 11 million pounds of food for local communities all over the world. To celebrate the generosity of the community, Curves is waiving its normal service fee\* for any new member who brings in a bag of non-perishable groceries and joins between March 1st and March 10th. Last year more than 247,940 new members joined Curves during the Food Drive.

Others wishing to donate may drop off non-perishable food items at Curves Monday through Saturday during business hours through the month of March. "The Curves Food Drive promotion is always exciting," said Jerrica Steffens, the owner of the Hicksville club. "We have a chance to help so many people at a time when the food banks are lowest, while we assist more women in reaching their fitness and weight loss goals. It's a win-win situation for everyone, and we're very proud to participate."

With over 10,000 locations worldwide, Curves is the largest fitness franchise and the fastest growing franchise company in history. More than four million women belong to the Curves community.

On February 17 the 8th grade boys from Antwerp and Hicksville headed to Holgate High School. The Antwerp Archers defeated the Hicksville Aces 39-32, Saturday morning, in the consolation game of the Green Meadows Conference 8th Grade Boys Basketball Tournament. Hicksville opened up 9-8 lead after one period, and a 22-14 half-time lead, before the Antwerp offense and defense came to life. The Archers made the necessary adjustments at the half to outscore Hicksville 14-2 in the third, and 11-8 in the fourth quarter, to close the books on the season. Hicksville, led by John Michael's 13, finished the season 7-10. Antwerp took 3rd place in the GMC, with a final record of 7-8. In all, eight Archers scored, led by Logan Lucas with eight.

Tinora defeated Fairview, in the finals, to win the GMC Tournament with a 15-1 record.

Game Summary:  
Antwerp Archers (7-8) 8 6  
14 11=39  
Hicksville Aces (7-10) 9 13  
2 8=32  
Individual:  
Antwerp - Logan Lucas 8, Jordan Koppenhofer 7, Tanner Copsey 6, Dylan Crawford 5, John Brown 5, Shaile Chamberlain 4, Anthony Reid 2, Josh Hilton 2  
Hicksville - Michael 13, Applegate 6, Hartman 5, Emenhiser 5, Brown 3.

Thank you for making our website one of the most visited in Paulding County. Be sure to stop every week to see the latest news, information and weather for the area.

www.westbendnews.net

**The Sweet Truth About Sugar**

(NAPSA)—It seems sugar has gotten a bad wrap.

The majority of consumers wrongly think that a teaspoon of sugar has a whopping 70 calories, according to a study by The Sugar Association. The truth is that sugar has just 15 calories per teaspoon.

That means people may not be saving as many calories as they think when they reach for a yellow, pink or blue packet of artificial sweetener.

The obvious question is: How did we become so misinformed? Have all the sugar-free products, artificial sweeteners, anti-sugar diets and sugar-buster books biased our perception?

Browse a supermarket and you'll likely find sugar-free or reduced-sugar products in almost every category from jams and jellies to ice cream, cookies, breads, salad dressings and cereals. But are they better for you?

Recently, the Associated Press asked five nutrition scientists to evaluate newly introduced "reduced-sugar" kids' cereals. The scientists found that the reduced-sugar version of popular kids' cereals provided no reduction in calories or improved nutritional content over the regular sugar versions. The replacement ingredients provided the necessary bulk and texture to the reduced-sugar cereals but offered no nutritional or caloric advantage.

According to the American Dietetic Association (ADA) 2004 position paper on the use of nutritive and nonnutritive sweeteners, "Nonnutritive sweeteners



Food fact: A teaspoon of sugar has just 15 calories.

added to the diet have been shown to promote a modest loss of weight... The prevalence of obesity has increased substantially at the same time as the consumption of nonnutritive sweeteners has increased."

Nutritionists say the best advice overall is to read nutrition labels and know what's in your food. Low sugar doesn't necessarily mean low calorie or better for you. Eat a healthy, balanced diet of fruits, vegetables, whole grains and other fiber-rich foods, plus calcium-rich dairy products. And you can add sugar, with only 15 calories per teaspoon, to make many of those healthy foods tastier. A bowl of fresh berries, homemade oatmeal or unsweetened yogurt tastes great with a sprinkling of brown sugar.

Just because a food contains sugar does not make it a food to avoid.

For more information, visit www.sugar.org.

**How To Make This Year's Tax Returns Quicker And Easier: File And Pay 2006 Taxes Electronically**

(NAPSA)—Millions of Americans have discovered an easy way to make the annual ritual of preparing and completing tax returns less daunting: filing electronically. According to the IRS, more than 60 percent of taxes were filed electronically through April 29, 2005.

Filing electronically helps taxpayers by providing increased privacy and security, along with faster processing time. Americans can also benefit from fewer errors on returns and quicker refunds. Refunds can be automatically deposited into a checking or savings account via Direct Deposit in as few as seven business days.

For even greater speed and convenience, savvy tax filers are using payment cards to file and pay taxes in growing numbers. In fact, tax payments made on Visa cards increased 48 percent during the 12 months ending September 30, 2006, over the previous year.

Paying with a Visa card offers taxpayers additional benefits to paying taxes by check or money order. Whether filing by mail or online, paying taxes electronically offers peace of mind that the pay-

ment is made immediately, with proof of payment on the card statement. Electronic payments can be made by phone, online or when filing electronically and are accepted 24 hours a day, seven days a week.

Electronic payment also allows cardholders to better manage their cash flow by spreading out payments if desired. What's more, paying taxes can be rewarding. Depending on the card program, taxpayers can earn miles, points or rewards for each tax dollar paid.

As an added benefit for Visa cardholders this year, H&R Block and LINK2GOV are offering a discounted rate of 1.99 percent on the standard service fee for tax payments filed in an H&R Block retail office through April 30, 2007. For details, please visit www.visa.com/taxpay. In addition, TurboTaxOnline® and Official Payments Corp.® are offering a 15 percent discount off federal and state tax preparation fees for tax payments made through October 15, 2007. For more details, visit www.officialpayments.com/turbotaxVISA.

Note: Cardholders may be charged a convenience fee for use of payment cards, which may vary based on the tax amount due and the service provider selected.

Spring is just around the corner....and **CHICK DAYS ARE HERE!!**

Our first chick day is Wednesday, March 7th!  
Broilers, Layers, Turkeys, & Ducks

Please order by Feb. 23rd for March 7th pick-up!

**\*\*CHICK DAY SPECIALS\*\***  
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Order 50 chicks (mix & match) = 1 FREE Bag of Chick Starter.  
**\*\*\*FREE FEED & \$5.00 COUPON!\*\*\***

Order 100 chicks (mix & match) and receive:  
1 FREE bag of Chick Starter  
+ \$5.00 coupon for chick equipment

Order Early!! Take advantage of these specials thru May 31st!!

Next chick day is Wed., March 28th/Order by March 14th!!

We will have started pullets (ready to lay!) arriving the 1st week of June. Reserve yours today! Limited quantities!

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(Left to Right) Bret Miller of Springfield Enterprises, Skip and Teresa Richhart

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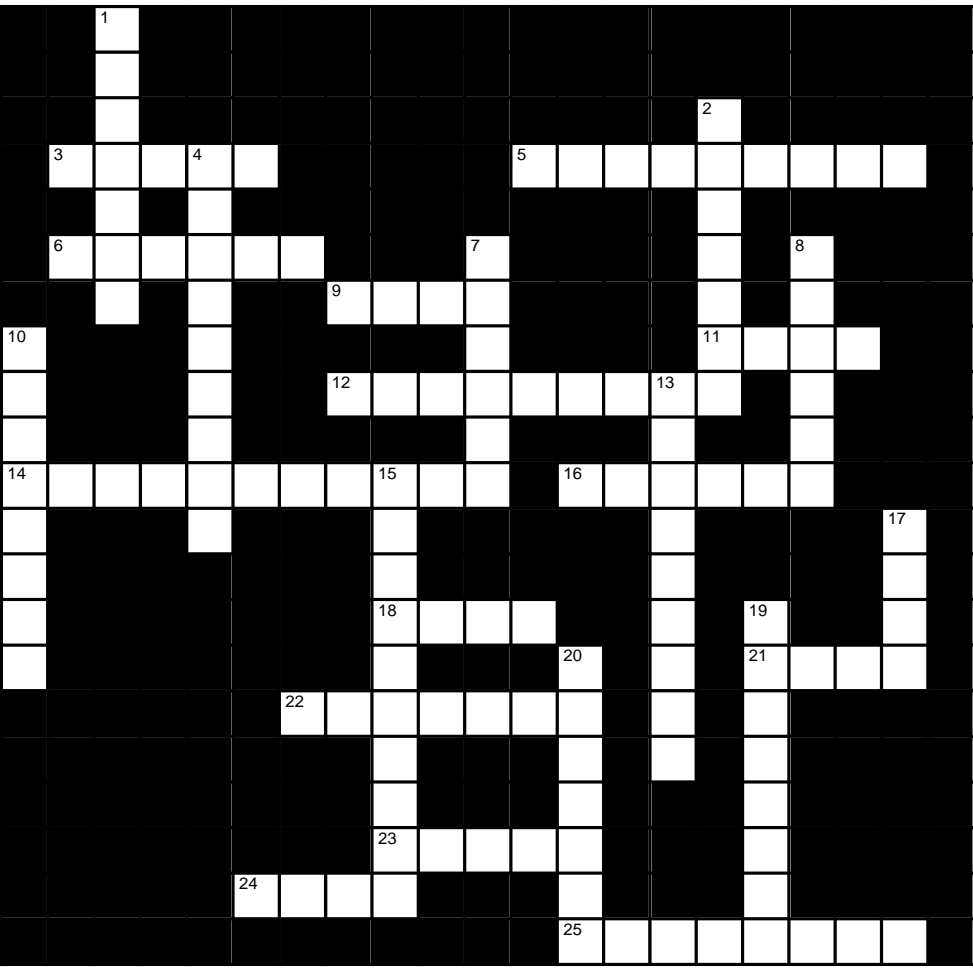


# Winter has arrived!



# Crossword Puzzle

Directions for this crossword: The answer to each of these clues will begin with the letter of the alphabet that is in parentheses after the clue!



**Across**

**Down**

- |  |   |
|--|---|
| <p><b>3.</b> Life is a WHAT, realize it. (D)</p> <p><b>5.</b> Life is THIS, smell it. (F)</p> <p><b>6.</b> Life is working toward WHAT, strive for it. (H)</p> <p><b>9.</b> Life is THIS, play it. (G)</p> <p><b>11.</b> Life is a WHAT, sing it. (S)</p> <p><b>12.</b> Life is THIS, cope with it. (E)</p> <p><b>14.</b> Life is THIS, catch it. (O)</p> <p><b>16.</b> Life is THIS, aquire it. (W)</p> <p><b>18.</b> Life is THIS, utilize it. (T)</p> <p><b>21.</b> Life is an WHAT, satisfy it. (U)</p> <p><b>22.</b> Life is THIS, face it. (R)</p> <p><b>23.</b> Life is a WHAT, listen to it. (V)</p> <p><b>24.</b> Life is a WHAT, find it. (N)</p> <p><b>25.</b> Life is a WHAT, go after it. (Y)</p> | <p><b>1.</b> Life is a WHAT, complete it. (J)</p> <p><b>2.</b> Life is THIS, fulfill it. (P)</p> <p><b>4.</b> Life is THIS, Dare it. (A)</p> <p><b>7.</b> Life is a WHAT, take advantage of it. (B)</p> <p><b>8.</b> Life is THIS, attain it. (Z)</p> <p><b>10.</b> Life is WHAT, burn it. (K)</p> <p><b>13.</b> Life is a WHAT, meet it. (C)</p> <p><b>15.</b> Life is an WHAT, take it. (I)</p> <p><b>17.</b> Life is WHAT, enjoy it. (L)</p> <p><b>19.</b> Life is a WHAT, answer it. (Q)</p> <p><b>20.</b> Life is a WHAT, unfold it. (M)</p> |
|--|---|

# AHS Angle



**By: Chelsea Vail**

Am I mistaken, or is missing school transforming from the exception into the rule? Hey, count me in! With all our snow days, delays, and a celebration of Presidents, I am not quite sure I will know what to think if we make it through a full week of classes... So, cross your fingers for fog! I cannot afford not to know what to think any less than I already do!

This Friday marks the last Varsity Boys game before post-season tournament, a non-conference contest. Wish the team luck this week as they prepare to run the steam right out of the Locomotives!

**Word of the Week:**  
Otiose (oh-shee-ohs) adjective

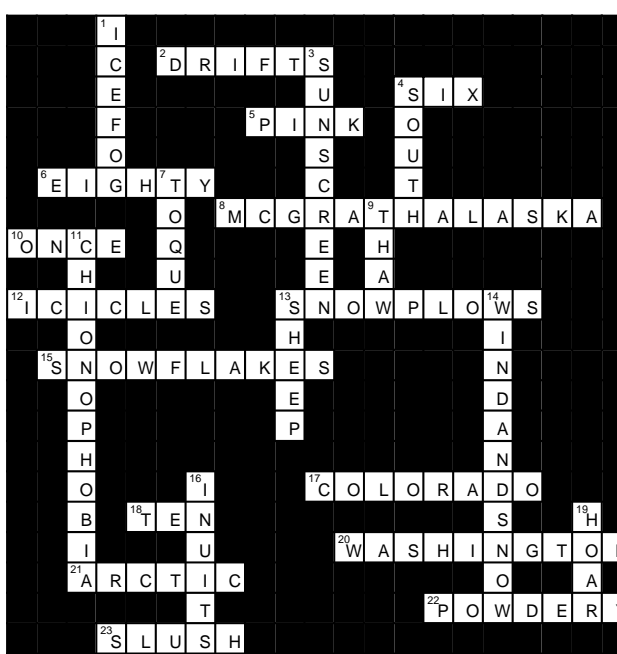
1. Being at leisure; idle; lazy

2. Ineffective or futile

3. Superfluous or useless  
Such a word could be used in conjunction with last week's "mussitation" for many a good use.

Example: "Your otiose manner is not commendable in any way, especially considering the ungrateful mussitations you offer in complaint of the little work you do."

Last Week's answers to "Let It Snow!!"



**GMC SCHOLASTIC BOWL SCORES**

- These are the results of the GMC Scholastic Bowl meets on February 15, 2007.
- At Antwerp:
    - game 1 - Holgate 48, Antwerp 21
    - game 2 - Holgate 22, Antwerp 33
  - At Edgerton:
    - game 1 - Tinora 47, Edgerton 31
    - game 2 - Tinora 56, Edgerton 10
  - At Wayne Trace:
    - game 1 - Wayne Trace 36, Ayersville 32
    - game 2 - Wayne Trace 30, Ayersville - 33
- Hicksville at Fairview postponed

Blindside someone with that baby, and they'll become malleable as Silly Putty when it comes to simple requests. Unless, of course, they too have read this. For which case I have no further comments or advice...

Paulding County Hospital offers **CPR Classes**

Cardio-pulmonary resuscitation and choking maneuvers for the conscious and unconscious victim

- Tuesday, March 6
- Adult CPR-5:30 to 7 p.m.
- Child/infant CPR-7 to 8:30 p.m.
- Classes held at the hospital
- Registration dead line is Fri, 3/2

- Cost per class-
- ♦ Healthcare Provider-\$30
  - ♦ Heartsaver-\$25
  - ♦ Friends & Family-\$20

For more information or to register call 419-399-1133 or 800-741-1743 and ask for respiratory therapy.



www.pauldingcountyhospital.com

*Huber Theatre*  
**Upcoming Event Calendar**

- Fri./Sat. 2/23-2/24, Dinner 7:00 pm** - Dinner Theater - "ANNE OF GREEN GABLES"; Show Only 8:00 PM
  - Sun. 2/25, 2:00 pm** - "ANNE OF GREEN GABLES"
  - Mon. 2/26, 7:00 pm** - FREE MOVIE
  - Thurs. 3/1, 7:00 pm** - Adult Education Reps from Defiance & NW State Community Colleges.
  - Fri. 3/2,** - Luncheon following School Groundbreaking
  - Sat. 3/10,** - Hicksville High School Coronation
  - Sun. 3/11, 2:00 pm** - NEW HORIZONS BAND - Great playbill - Donation
  - Sat. 3/17** - Huber Benefit - CASINO NIGHT
  - Sun. 3/18, 2:00 pm** - "We Traveled in China"
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**VARSITY AND JV BOYS BASKETBALL AT WAYNE TRACE**

Boys basketball was smokin' again on February 17 at Wayne Trace when the Raiders took it to Lincolnview in the court. The final score for the varsity game was Wayne Trace 80, Lincolnview 59.

Score by Quarters:  
Lincolnview (7-12) 14 16 10 19=59

Wayne Trace (14-5) 21 24 14 21=80

Leading scorers in varsity game:

Lincolnview - Kory Thatcher 17, Kaleb Baucom 13.

Wayne Trace - Riley Linder 18, Aaron Hockenberry 14.

Turnovers - Lincolnview 13, Wayne Trace 8.

Junior Varsity Score - Wayne Trace 54, Lincolnview 32.

**BOYS BASKETBALL SCHEDULE FOR THE WEEK OF 2/21 THROUGH 2/27**

2/23 - Paulding at Delphos Jefferson; Antwerp at Montpelier; Miller City at Hicksville; Ottoville at Wayne Trace

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"There is no such thing, at this date of the world's history, in America, as an independent press. You know it and I know it. There is not one of you who dares to write your honest opinions, and if you did, you know before hand that it would never appear in print. I am paid weekly for keeping my honest opinion out of the paper I am connected with. Others of you are paid similar salaries for similar things, and any one of you who would be so foolish as to write honest opinions would be out on the streets looking for another job. If I allowed my honest opinions to appear in one issue of my paper, before twenty-four hours my occupation would be gone. The business of the journalists is to destroy the truth; to lie outright; to pervert; to vilify; to fawn at the feet of mammon, and to sell his country and his race for his daily bread. You know it and I know it and what folly is this toasting an independent press? We are the tools and vassals of rich men behind the scenes. We are the jumping jacks, they pull the strings and we dance. Our talents, our possibilities and our lives are all the property of other men. We are intellectual prostitutes."

-John Swinton: Former Chief of Staff for the New York Times





(Continued from Page 7)  
 in 1983.  
 Number 9 is Estell Cottrell, but known to everybody as Stretch. He was tall and used his height well. He was about six foot and three inches and the tallest player we had for awhile. Stretch also served in the Navy. On his return, he got married and raised a fine family, two boys and two girls. After many years, he retired from the State Health Inspection Business and lives here in Antwerp.

Number 16 is Lynn Bickhard. He was a very good passer and ball handler. He had the ability to think ahead. That is a very good asset. Lynn served in the Air Force in WWII as a mechanic. He was appointed Rural Carrier on RR2 out of Antwerp in 1960. I worked with him for 20 years and I never had a better friend. He was always willing to help somebody. I think he was the best carbu-retor man that I ever saw. He was top notch with a wrench. The late Rex Hopkins said of Lynn, "He just waits around for something to break, so he can fix it." Lynn passed away in about 2002.

Number 8 is Junior De-long, better known as "Zeb". He was a very good ball hand-ler and play maker. Zeb was the only boy from the Antwerp that could pick up a basketball with one hand. He had very long fingers but that really wasn't an ac-cident. When he was in the fifth or sixth grade he had a

spinal problem and spent the whole summer in bed. While he didn't have much to do, he kept pulling on his fingers and they became extra long. With his long fingers he could handle a ball very well. He also served in the Navy in WWII. I think he served as an Armed Guard on a supply ship and made some of those dreaded runs into Murmansk, Russia. (I forgot to mention that Max Donat made those runs also.) After the War, Zeb married Janet Friend and they had a nice family. Zeb passed away in 2005.

The Student Manager on the end is Charles Dove. He and his parents lived in with Ossie Wilson and Bell. I think Mrs. Dove was their daughter and her husband, Jack Dove worked as an auto mechanic. Mr. Wilson was called "Tug" and they lived on the north-west corner of East Canal and Erie Street, where Red Plumb lives now.

I graduated in 1942, the only senior on the team. The next year, 1943, all these boys came back and some more new players too. They won the County Tourney again, but their high point of the year (if you call it that) was that they beat that year's State Champs. The late Ollie Zedaker coached the Farmer Center Team and they won the State Championship in 1943. The only game they lost that year was to Antwerp by one or two points. Ollie always thought that I played in that

game, but I didn't. I had already graduated. As I sit here and write, I think I can hear Babe Smith and Rex Burke blowing the whistles, they were good referees. These were some of our 'Good Old Days'.

See, Ya!

**VARSITY AND JV GIRLS BASKETBALL AT CRESTVIEW**

On February 12, the girls of Crestview and Wayne Trace braved the winter chills to battle in basketball action.

The final score for the varsity game was Crestview 56, Wayne Trace 32.

Score by Quarters:

Wayne Trace (10-7) 2 8 14 8=32

Crestview (13-4) 12 19 13 12=56

Leading scorers for the varsity game:

Wayne Trace - Brandi Bradtmueller 9, Elyse Myers 8, Renee Bidlack 8.

Crestview - Carly Lichtensteiger 17, Kelsey Nedderman 13.

Turnovers - Wayne Trace 23, Crestview 11.

Junior Varsity Score - Crestview 26, Wayne Trace 13.

**PAULDING COUNTY HOSPITAL BIRTHS, ADMISSIONS AND DISMISSALS**

*Births:*  
 2/18 - David & Kelly Stouffer, Payne, son, 9:11 a.m., 8lb. 14oz.

*Admissions:*  
 2/13 - Marinell Sigley, Paulding  
 2/15 - Cynthia Bowers, Paulding  
 2/17 - Ivy Puckett, Paulding  
 2/18 - Kelly Stouffer, Payne

*Dismissals:*  
 2/16 - Cynthia Bowers, Paulding  
 2/18 - Ivy Puckett, Paulding

**PCH OFFERS BREASTFEEDING CLASS FOR EXPECTANT MOTHERS**

A breastfeeding class for expectant mothers will be offered on Thursday, March 15 from 7:00 to 9:00 p.m. at Paulding County Hospital. Amanda McConnell, RN, is the instructor.

Breastfeeding a baby is simple and natural - if you know how to do it. Breast milk has long been recognized as the superior food for an infant and also contains living cells that protect a baby against illness.

Please call the OB nurses' station at 419-399-1116 or 800-741-1743, extension 116, for more information or to register.

**Small Steps For Small Businesses To Improve Their IT Infrastructure**

(NAPSA)—For the more than 8.2 million small businesses in the United States alone, developing a comprehensive IT infrastructure is not always a first priority given their budget and resource constraints. But with the current Internet threat landscape, small businesses cannot afford to assume they are a small target. In fact, since today's hackers are now more focused on financial gain than notoriety, their current goal is to find the path of least resistance.

Small businesses, categorized as having 10 to 99 employees, usually have less of an established security infrastructure than larger enterprises, making them an increasingly attractive mark for unscrupulous hackers. Plus, with small businesses growing at a rate of 15 percent over the next four years, they will continue to be a target for online security threats.

In addition to malicious online attacks, system failures, natural disasters or human errors are all ways in which a small business can easily lose critical and confidential information. According to the Federal Emergency Management Agency, as many as 40 percent of small businesses do not reopen after major disasters. Since small businesses account for the lion's share of the gross domestic product, it is vital to protect these small businesses from shutting down to maintain a stable global economy.



"Small businesses need cost-effective and easy-to-use IT products that are specifically designed to meet their business needs while providing the necessary protection against online threats or data loss," said Erna Arnesen, vice president, partner and industry marketing expert at Symantec. "Symantec provides small businesses with a logical road map for their IT needs and includes everything from protecting their systems from virus attacks to backing up their data and keeping critical applications such as e-mail up and running."

With limited time and resources, it can be tough for a small-business owner to know where to start. With the following simple IT steps and best practices, small businesses can improve their IT infrastructure and protect their critical data and confidential information:

- Practice an in-depth defense strategy that looks at security from the gateway, network and all

endpoints, including mobile devices.

- By working with a solution provider, small businesses can ensure that their IT products meet their business needs and are compatible with current hardware and software, since most small businesses cannot afford to completely rip and replace their IT infrastructure.

- Identify products that are affordable and easy to install and manage if you do not have a dedicated IT staff or consultant.

- Back up data frequently to prevent data loss from malicious attacks, system failure, human error or even natural disasters.

- Develop internal IT policies now, which will condition employees, vendors and partners to practice best measures that will support your business as it grows.

- Avoid high-risk areas such as WiFi networks at airports and coffee shops. If it is necessary to use these connections, make sure you have deployed proper security measures to protect your desktop from hackers taking advantage of unsecured access points.

- Work with IT vendors who offer a set of solutions that help small businesses protect against today's threat landscape and that are easy to acquire, deploy and manage.

You can learn more online at [www.symantec.com](http://www.symantec.com).

The Paulding VFW Ladies Aux. Post 587 would like to thank everyone who helped in anyway with our annual "Bowling Fun Night" for cancer. Thanks to all of our bowlers, we could not do it without all of you. A special thank you to the following for your generous donations of money, door prizes or your time.

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Maramart	Homier's Monumental Inc.	Pond-A-River
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Porter's Red Wing Shoes	Lorsey's Restaurant	Antwerp Pit Stop
Kammeyer's IGA	Dairy Queen	Rhees' Meats & Groceries
Paulding Progress	Colleen's Cutting Edge	Subway
Dollar Store	Busted Knuckles	D.R.S. Physical Therapy & Fitness
Red Owl Inn	Stykemain Automotive	The Housa Pizza
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Bubba J's	Richie's Hair Off The Square	Kircher's Flowers Inc.
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### PAULDING EXEMPTED VILLAGE SCHOOLS BREAKFAST AND LUNCH MENUS FOR THE WEEK OF 2/21 THROUGH 2/27

#### Panther Paw Cafe - Breakfast

- 2/21 - Ham, egg & cheese croissant, juice, milk
- 2/22 - French toast stix, sausage links, juice, milk
- 2/23 - Sausage gravy w/ biscuits, juice, milk
- 2/26 - Breakfast pizza, juice, milk
- 2/27 - Tator tots w/cheese sauce, sausage links, juice, milk

#### Panther Paw Cafe - Lunch

- 2/21 - Popcorn chicken, vegetable or beef stew w/biscuit, assorted fruit, milk
- 2/22 - cook's choice
- 2/23 - Creamed chicken on a bun, cheddar munchers, assorted fruit, milk
- 2/26 - Country fried steak or breaded pork, whipped potatoes w/gravy, roll, assorted fruit, milk
- 2/27 - Mandarin chicken salad, bread stick, assorted fruit, milk

#### Paulding Elementary - Lunch

- 2/21 - Hot dog on a bun, baked beans, fruit cup, milk
- 2/22 - Chili soup w/crackers, bread w/margarine or peanut butter, fruit cup, milk
- 2/23 - Cheese bread stick w/marinara sauce, green beans, fruit cup, milk
- 2/26 - Rib-E-Que on a bun, potatoes, fruit cup, milk
- 2/27 - Pizza, vegetable, fruit cup, milk

#### Oakwood Elementary - Lunch

- 2/21 - Cheese pizza, corn, fruit, milk
- 2/22 - Cold ham on a bun, potato soup, crackers, fruit, milk
- 2/23 - Toasted cheese, baked beans, fruit, milk
- 2/26 - Chicken nuggets, bread, lettuce salad, fruit, milk
- 2/27 - Pepperoni & cheese breadstick, pizza sauce, green beans, fruit, milk

### LET THE MILITARY CHOOSE IRAQ POLICY- NOT CONGRESS

By: Congressman Paul Gillmor

This week, I joined many of my colleagues in a debate about a resolution being offered to disapprove of the President's decision to send additional troops to Iraq.

Personally, I am skeptical that the increase of 20,000 additional troops will make the difference and stabilize Baghdad and Iraq. That being said, the question for me is to whom we should listen regarding operational decisions in Iraq. Should we listen to the recommendations of the US military or to the politicians in Washington?

As an Air Force veteran, I think we should accept the recommendations of our military. In that respect as recently as two weeks ago, General Odierno, Commander of Ground Forces in Baghdad said "By bringing more troops in, it provides us the opportunity to work with them (the Iraqis), to provide more time, and defeat this threat, which is both an al Qaeda threat as well as sectarian violence."

For the past week, the House of Representatives has debated a nonbinding resolution which will do nothing to help our troops or positively change the course of action in Iraq. Our time could have been better spent debating real issues such as how to most effectively win the war that terrorists have waged on us.

What is most important about this resolution is not what it says but what it does not say. Even though the resolution compliments our military men and women, nowhere does it commit to continue providing funds for troops in the field. At a time when some in Washington are talking about cutting off funding for our troops, I think we should commit to providing full funding for our armed forces as long as they are in the field.

I have visited with wounded troops in Germany and have discussed our progress with a relative of mine who served a year in a combat zone in Baghdad. I am incredibly proud of our men and women in the military. They are talented, dedicated,

professional and the absolute best in the world. We owe them all a tremendous debt of gratitude. What we do not owe our troops is a rejection of the only plan which has been proposed to achieve success in Iraq because failure in Iraq threatens the security of the United States, the Mideast and other parts of the world.

The resolution the House has been considering has two purposes. First, it rejects the only plan which has been suggested by our military leaders for success in Iraq. Second, it begins this Congress down a path which ends with cutting off funding for our troops and abandoning our foreign policy because of failed Congressional fortitude. I am opposed to this resolution and Congress' micromanaging of the War on Terror.

### BREAKFAST AND LUNCH MENUS FOR WAYNE TRACE LOCAL SCHOOLS FOR THE WEEK OF 2/21 THROUGH 2/27

- Breakfast:  
2/21 - Pancakes or waffles, sausage, milk  
2/22 - Egg/cheese omelet, toast/jelly, milk  
2/23 - Turnover, milk  
2/26 - Pizza, milk  
2/27 - Egg/cheese/bacon muffin, milk

- Lunch:  
2/21 - Cheese or chicken quesadilla, tossed salad, mandarin oranges, milk  
2/22 - Turkey roast, mashed potatoes w/gravy, roll, yum yum cake w/whipped topping, milk  
2/23 - Mac-n-cheese, PB sandwich, green beans, juice bar, milk  
2/26 - Rotini w/meat, cheese stick, corn, applesauce, milk  
2/27 - Cheeseburger or bacon cheeseburger sandwich, fries, peaches, milk

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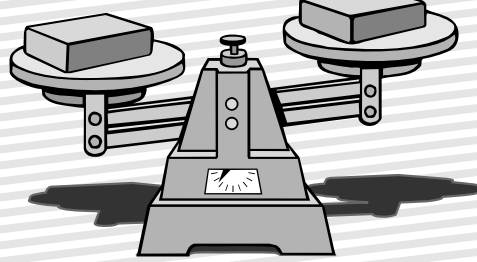
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The West Bend news offers the best value for your money. Being the only free-circulation news paper in Paulding County, people are sure to see your ad. Our circulation covers areas from Hicksville to Oakwood and everything in between. Our goal is to make the best ad possible for you and your business. The best advertisement for us is your ad. If your ad looks attractive, that makes us look good. If it doesn't, well... you know the rest!

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**PAYNE BALL ASSOCIATION BASEBALL/SOFTBALL CLINIC**

The Payne (Ohio) Ball Association is sponsoring hitting and pitching clinics for both baseball and softball at Wayne Trace High School in Haviland.

The baseball clinic will be held on Saturday, February 24, with sessions in the morning (1st through 4th grade) and afternoon (fifth grade and up). The morning session is a parent/student session if a parent wants to participate. The director of both sessions is Mr. Tom Held, head baseball coach at Defiance High School.

The softball clinic will be held on Saturday, March 3, and Sunday, March 4. The advanced hitting session will be on Saturday morning with a beginning hitting session on Saturday afternoon. Saturday evening will feature a beginning pitching session. Advanced pitching will then be held on Sunday. Mr. Bob Pelle, of FP Softball Camps and Clinics, will be the featured instructor. Mr. Pelle is one of the top instructors in the United States and has worked with former U.S. Olympic team members Dot Richardson, Lisa Fernandez and Michelle Smith.

For more information on either clinic, please contact Kevin Wannemacher (419-263-0805) or Matt Noggle (419-263-2130) or send an e-mail to payneballasn@yahoo.com. Forms are also available online at www.payneball.org.

**We can do your wedding, graduation, anniversary or other announcement that you may need! Come in and browse our selection!! West Bend Printing & Publishing, 419-258-2000**

**REP. GILLMOR ACCEPTING INTERNSHIP APPLICATIONS**

Congressman Paul Gillmor (R-Tiffin) has announced that he is accepting applications for interns in his Washington D.C. office. Each year, Gillmor offers a limited number of internship positions in each of his offices and he is looking to fill immediate openings in his office in our Nation's Capitol.

"My office has a strong record of employing top-quality interns who make the Fifth District proud," Gillmor said. "Working as a Congressional intern can be one of the most rewarding experiences of a person's college career and offer an invaluable glimpse into the inner-workings of the U.S. House. I encourage any interested student to contact my Washington office to inquire about the availability of internship," Gillmor continued.

Among the duties of a Congressional intern are assisting full-time staff with processing constituent mail, answering phones, drafting correspondence, attending committee hearings and briefings, responding to invitations, and conducting Capitol tours. Interns will also research a project of special interest to them for presentation to Congressman Gillmor at the conclusion of their internship.

To be eligible for the competitive Congressional internships, an applicant must be an Ohio resident attending a college or university during the calendar year of application. A stipend will be provided to Congressman Gillmor's interns. Any person interested in interning in Congressman Gillmor's Washington, D.C. office is encouraged to email a resume and cover letter to Gillmor.intern@mail.house.gov or contact Gillmor's office at (202) 225-6405.

**8TH GRADE BOYS SEMI-FINAL GMC CONFERENCE ROUND AT HOLGATE**

The semi-final round of the Green Meadows Conference 8th Grade Boys Basketball Tournament was played at Holgate Monday night, February 12. The Antwerp Archers played the Fairview Apaches, and the Apaches were victorious 46-29.

Both teams started strong and played to an 11-11 first period tie. In the second quarter the Apache guards took to the air. Brock Mosier fired in two treys from deep and Quenton Yoder and Tony Meyer each hit long field goals to open up a 23-18 lead at the half. Antwerp opened the third with a quick basket of their own, but Fairview then took advantage of their size down low and pounded to a 32-24 lead after three stops. The fourth quarter became a free-throw contest, which Fairview won as well, outscoring the Archers 14-5 in the period. With the win, (12-2) Fairview moves into the finals against a (14-1) Tinora squad. Antwerp (6-8) will play Hicksville (7-8) in the consolation game.

Game Summary:  
Fairview Apaches (12-2) 11 12 9 14=46  
Antwerp Archers (6-8) 11 7 6 5=29

Scorers:  
Fairview - Mosier 12, Kuhn 12, Zeedyk 9, Meyer 6, Yoder 4, Stairhime 2, Sanderson 1

Antwerp - Jordan Koppenhofer 11, Logan Lucas 6, Dustin Hitzeman 5, Shaile Chamberlain 2, Tanner Copsy 2, Dylan Crawford 2, John Brown 1

**If you mailed 10,000 Postcards (circulation of West Bend News) it would cost \$2400 not including printing charges. A postcard size ad only cost \$60**

**NATIONAL READING RAINBOW WRITERS AND ILLUSTRATORS CONTEST**

Kindergartners through third graders are invited to write and illustrate original story books and enter them in the 13th Annual Reading Rainbow Young Writers and Illustrators Contest. Applications and additional information are available beginning February 11, 2007 from the Oakwood Branch of the Paulding County Carnegie Library and the WFWA PBS39 web site, www.wfwa.org.

Sponsored by the award-winning PBS television series Reading Rainbow, the contest attracts over 350 entries in the PBS39 viewing area and more than 40,000 entries nationally each year. PBS39, together with more than 100 other PBS stations nationwide, sponsor the contest. Kindergarten through third grade children enter by creating an original story with illustrations and submitting it with an official entry form to compete in the four age groups. Children in the Oakwood area may submit their entries through the Oakwood Branch Library. Over 30 libraries participate in the contest.

Every child who enters the contest receives a special Certificate of Achievement signed by LeVar Burton, host of the Reading Rainbow series. Entries judged at the area libraries are submitted to PBS39 for regional judging. Regional first place winners advance to the national competition. Regional prizes include a Reading Rainbow backpack and DVD for the top three winners in each respective age group as well as a gift certificate to an area book store. The first place winner in each age group will have their story posted at the PBS39 web site.

Three national prizes are awarded at each grade level. The prizes will include a laptop computer (1st place), flat panel TV and DVD player (2nd place), and MP3 player (3rd place). National winners also receive three sets of Reading Rainbow DVDs and matching feature books—one for their school, one for their library, and one for themselves. In addition, national winning stories are featured on pbskids.org, one of the most visited national websites for children. To view previous national winners' stories as well as a sampling of national submissions, visit: www.pbskids.org/readingrainbow/contest.

Reading Rainbow airs daily on PBS39 at 2:00 p.m. EST. The program builds lasting friendships between children and books. The contest builds on the program's mission to stimulate a child's interest in reading.

**TRI-COUNTY TOBACCO FREE COALITION RECEIVES FUNDS**

Senator Steve Buehrer will present a check for \$346,440 to the Tri-County Tobacco Free Coalition to continue programs for youth prevention and adult cessation counseling.

Senator Buehrer will be presenting the check to Project director, Cheryl Gasser from Private Duty Services, Inc. on Thursday, March 1, 2007.

**Cold Weather Safety Tips For Seniors**

(NAPSA)—For the 36 million seniors in America, cold weather can pose many dangers. Seniors, however, can take steps to avoid accidents and illnesses during this time.

"Winter-related accidents and illnesses account for a large number of all senior health-related insurance claims during winter," said Scott Perry, president, Bankers Life and Casualty Company, an insurance company specializing in seniors. "But that doesn't mean that seniors have to sit the season out. By taking a few precautions, seniors can enjoy winter safely and securely."

Keeping warm—inside and out—is key to guarding against hypothermia or loss of body heat. Seniors, who are among those more susceptible to the condition, can reduce their risk outdoors by dressing warmly with loose-fitting, layered, lightweight clothing. Mittens are warmer than gloves, because fingers generate warmth when they touch each other. A hat is a must as 30 to 50 percent of body heat loss occurs through the head.

To stay warm indoors, the National Institute on Aging recommends the following tips:

- Close blinds and curtains to prevent heat loss from your home. Weather stripping or caulking around windows can keep cold air out.
- Keep your thermostat set to 68 to 70 degrees.
- Eat a well-balanced diet. What you eat is important to maintaining your health and keeping heat inside your body.
- Commonsense measures can also help keep seniors safe.
- Make sure smoke and carbon monoxide (CO) detectors work. CO is a potentially dangerous gas emitted by fuel-burning heaters



and appliances. Seniors' bodies can't eliminate CO as quickly as younger adults.

• Ask neighbors or relatives to help with snow shoveling. Shoveling takes more energy than many seniors think, as cold weather puts an added strain on the heart. If shoveling can't be avoided, warm up your body with stretching exercises and take frequent breaks.

• Continue drinking at least six to eight glasses of liquid daily, especially in dry cold weather, to avoid dehydration. This can also help prevent dry-skin problems.

Snow and ice can be challenging, especially for seniors. These are among the steps you can take to stay firmly planted outside:

- Wear nonskid boots.
- Have salt or sand applied to icy areas outside.
- If you use a cane, replace the rubber tip before it is worn so it does not become slippery when wet.
- When traveling, make sure your car has been tuned up and has good tires. Also, keep your gas tank near full and always let family or friends know your travel plans, including routes and times.

For more tips for seniors, visit www.Bankers.com and click "Senior Resources."

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**THANK YOU**

The family of Alfred Justinger wishes to express their appreciation to the staff of Paulding County Hospital and the Hawthorn Court Nursing Home for their care of our dad, during his short stay. A special thanks to Pam Beck, Vicky English and the staff for everything they did for our family.

A thank you to all families, friends and neighbors for their loving support, cards, flowers, and food during our time of sorrow.

A special thank you to Mast, Mock, Hoffman Funeral Home, Father Allan Fillman and the AMVETS ladies auxiliary for their meal after the service.

- Jana Dean Higley & family,
- Larry & Nancy Manifold & family,
- Lowell & Sue Shisler & family,
- Jerry & Linda Justinger & family,
- Terry Justinger & family,
- Mark & Kim Justinger & family,
- Robin & Denise Trauterman & family,
- Jeffery & Karen Justinger & family

**BOYS GMC CHAMPIONSHIP BASKETBALL GAME AT WAYNE TRACE**

Wayne Trace wins 23rd Green Meadows Conference championship in school history. This is the 22nd GMC title under coach Al Welch. It is also the fourth consecutive GMC title for the Raiders.

The game took place on Friday, February 16 against Ayersville at Wayne Trace High School. The final score for the varsity game was Wayne Trace 56, Ayersville 43.

Score by Quarters:  
Ayersville (14-2 overall, 6-1 GMC) 6 8 15 14=43  
Wayne Trace (13-5, 7-0 GMC) 14 16 11 15=56

Leading scorers for the varsity game:

- Ayersville - Jason Nicely 11, Matt Brown 8.
- Wayne Trace - Aaron Hockenberry 28.
- Turnovers - Ayersville 12, Wayne Trace 7.
- Junior Varsity Score - Ayersville 36, Wayne Trace 34.

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**LOTS FOR RENT, HOMES for sale in Leinard's Manufactured Homes Community in Antwerp, OH, 419-258-2710.**

**THE PAULDING SOIL AND WATER Conservation District Board of Supervisors will be accepting quotes for summer mowing, trimming and weed control at the Black Swamp Nature Center. For more detailed information on the areas to be maintained please contact the Paulding SWCD at 419-399-4771. The District will be accepting quotes until 4:00 p.m. March 30, 2007 at the Paulding SWCD office located at 260 B Dooley Drive, Paulding, Ohio.**

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**WHISPERING PINES apartments: special - first month rent free! Great apartments in a great location are available now. Offer only valid with a one-year lease. \$375.00 Security Deposit required. Birdstone, Inc. 602 East Perry St., Paulding, OH 45879. Office hours: 8 a.m. - 4 p.m. Phone: 419-399-2419. After office hours: 419-576-8117.**

**BAKER'S AUCTION: 1st Sat. of each month at 6 pm. Household, tools, toys, food, horse equipment. 14597 Rd. 31 North, Antwerp, Ohio, off Hwy 49 & 192. 419-542-7530 or 419-258-5605.**

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**DEADLINE FOR CLASSIFIEDS IN WEST BEND NEWS IS MONDAYS AT 12:00 noon!**

**REPRESENTATIVE WACHTMANN NAMED TO LEGISLATIVE COMMITTEES**

**Column for: State Representative Lynn Wachtmann, 75th House District**

State Representative Lynn Wachtmann (R-Napoleon) announced he has been named Vice Chairman of the House Health Committee for the 127th General Assembly. Committee assignments were revealed today by Ohio House Speaker Jon Husted (R-Kettering).

In addition, Rep. Wachtmann was also named to the Healthcare Access and Affordability Committee, the Infrastructure, Homeland Security and Veterans Affairs Committee, and the Insurance Committee. Rep. Wachtmann was also named to the Ohio Retirement Study Council,

the joint body charged with reviewing and making recommendations on any and all legislation that could potentially impact any of Ohio's public pension systems.

"Committees represent an important part of the legislative process, allowing members to hear from the public about how a proposed bill will affect them," Rep. Wachtmann said. "I am honored to have been chosen to serve on these committees and look forward to the work ahead."

Wachtmann previously served seven terms in the Ohio House and two terms in the Ohio Senate before returning to the House this year. In addition to his work as a legislator, he also is a partner of Culligan Water Conditioning and is president of Maumee Valley Bottling, Inc.

**8TH GRADE BOYS GMC CONFERENCE OPENING GAME AT HOLGATE**

The Green Meadows Conference 8th Grade Boys Basketball Tournament got underway Saturday, February 10 at Holgate High School. The Antwerp boys team drew Edgerton in the tournament, playing in the third game of the day.

Edgerton started the game proving to the Archers why they had a better record, out-scoring and outplaying Antwerp to a 9-6 score. Antwerp's poor shooting in the first half (5 of 21 from the floor) didn't help, but the Archer defense stiffened up in the second stanza, allowing only six points. The offense looked to the inside game of Dylan Crawford (six points, all in the 2nd quarter) and the score was knotted 15 - 15 at the half. The Archer offense then came to life in the 2nd half, outscoring the Bulldogs 15 - 6 in the 3rd. Logan Lucas scored nine in the quarter and Jordan Koppenhofer five. Antwerp was sent to the foul line the rest of the way, and connected on 11 of 13 free throws in the final quarter, to seal the game and avenge an earlier 36-33 loss in the season at Edgerton.

The Bulldogs finished a fine season with an 8-7 record. The Bulldogs were led in scoring by Hastedt with nine.

Antwerp (6-7) moved on to play Fairview in the semi-final round. Antwerp's team effort win, was led by Logan Lucas with 19 second half points (10 of 10 FT), and Jordan Koppenhofer's 11 markers. Antwerp shot 8 of 28 2FG, and 2 of 10 3FG, but shot 19 of 26 from the free-throw line.

Game Summary:  
Edgerton Bulldogs (8-7) 9 6 6 10=31

Antwerp Archers (6-7) 6 9 15 15=45

**OSU EXTENSION TO HOST AG DAY**

The Ohio State University Extension of Paulding County will be hosting an Ag Day at 9:30 a.m. Tuesday, February 27, 2007 at the Paulding Extension Center located on the Paulding County Fairgrounds.

Ag Day promises to be an informative day with Randall Reeder discussing Soil Compaction in the morning, and Dusty Sonnenberg covering a wide array of Precision Agriculture Topics in the afternoon session.

Registration will be at 9:30 a.m. Tuesday, February 27, 2007 with the program concluding in the afternoon. Lunch will be provided. Anyone interested in attending is asked to please call the Extension Office at 419-399-8225 to help aid in better program preparation. More information is also available on our web site at: <http://paulling.osu.edu/agriculture-natural-resources/aghome>.

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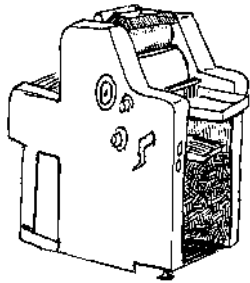
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# THEY CALLED THIS A BLIZZARD



By: Sue Knapp

It is Tuesday evening, February 12. Steve just received a phone call from his sister and nephew, Lou and Jeff Payne, from St. Pete, Florida. It was 58 degrees down there. Steve wanted to be there, I didn't. I got up earlier this morning and went to the shop. I kept the vertical blinds open to watch the snow and watch

the brave pick-up trucks fish tail through the light. There was a lot of traffic—more than what I expected. Steve, Josiah and Bryce left to deliver the papers to the Post Offices and I turned the radio on to listen to the weather reports. The weather wasn't too bad then, the towns were worse because of the wind breaks and the snow

stayed packed on the streets. The guys had only hit a few bad spots. It was noon and I decided to go to Kammeyer's to get our "storm stash" then go home. Kammeyer's was very busy—you know, the important stuff had to be bought: milk, bread, water, snacks and, oh yes, toilet paper. I did notice a lot of brown sugar and chocolate chips were going through the line, mmmm, I should have went home with them. I then went home to "veg". Steve and Josiah would go eat lunch and then Steve would take my car and take Josiah home. By the time Steve got home that evening we had 6 inches of snow and he had to get the shovel out to get the car into the garage.

So now you ask, "why the title"? Well, I remember the blizzard of '78. We lived in Harlan behind, what at that time was, Love's Meat Market. Steve was stuck in Antwerp for three days. When the kids and I woke up we couldn't see out our front picture window at all from the snow. When the kids did get out, they were able to walk from the roof of the house and across the top of the swing set. I bundled up and walked to Love's to get some groceries. I waded

through snow that went to the top of my legs. I got there and back okay (it wasn't that far) and then the kids and I stayed in for the duration. We ate, slept, watched TV, read and played—we were together. After three days, Steve was able to get home and things did get back to normal.

Now, I am not trying to down play our weather. You need to check on the elderly, shut-ins, pets and anything or anyone that might need attention. You can also take advantage of this weather. Take time to "be still", re-group, read to your kids, talk to your spouse and stop and smell the roses—no—stop and build a snowman!

## VARSITY AND JV GIRLS BASKETBALL AT LIMA SHAWNEE

(The game was played at Lima Shawnee due to a wrestling tournament at LCC) On February 17 the ladies of Lima Central Catholic and Wayne Trace went head to head in basketball action. The final score for the varsity game was Lima Central Catholic 63, Wayne Trace 43.

Score by Quarters:  
Wayne Trace (10-9) 14 9 6 14=43  
Lima Central Catholic (13-7) 14 19 8 22=63

Leading scorers for the varsity game:  
Wayne Trace – Renee Bidlack 14, Sara Priest 10.  
Lima Central Catholic – Danielle Taflinger 13, Elizabeth DePalma 18.  
Turnovers – Wayne Trace 25, Lima Central Catholic 8.  
Junior Varsity Score – Wayne Trace 33, Lima Central Catholic 32.

## CPR CLASSES OFFERED AT PAULDING COUNTY HOSPITAL

Paulding County Hospital cardio-pulmonary services staff will teach American Heart Association CPR classes on Tuesday, March 6, from 5:30 to 8:30 p.m. The classes are held at the hospital.

Instructors will teach participants CPR and choking maneuvers for the conscious and unconscious victim. Participants may choose adult CPR from 5:30 to 7:00 p.m. and/or child and infant CPR from 7:00 to 8:30 p.m. For more information or to register call 419-399-1133 or 800-741-1743 and ask for respiratory therapy. Registration deadline is March 2.

DEADLINE FOR CLASSIFIEDS IN WEST BEND NEWS IS MONDAYS AT 12:00 noon!

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### Are Americans Eating Healthy When They Eat Out?

(NAPSA)—If you're on a diet, you have lots of company. According to a recent poll, one in four Americans (24 percent) is currently on a diet. A higher percentage of women (29 percent) were watching their weight compared to men (18 percent).

According to the poll conducted by Maritz Research, a leader in marketing research, male and female dieters were equally likely to maintain dietary discipline. Two-thirds (66 percent) of dieters indicated that they will stick to their diets, making healthy choices when eating out, compared to "overindulging" because dining out is a special occasion. Furthermore, nearly six out of 10 (57 percent) of those surveyed indicated that offering low-carb or other healthy dining options was at least "somewhat important" in their decision when choosing a restaurant.

That's good, as health professionals continue to sound the alarm that obesity is the biggest health threat to Americans.

"As all of the publicity around the need to develop better eating habits continues to resonate with a large segment of the population, I would expect that restaurant concepts built around healthy eating will be a large part of the future landscape of casual dining," said Rick Garlick, director of Consulting and Strategic Implementation for the Maritz Research Hospitality Group.

"A good example is Darden's Seasons 52 restaurant that launched in Florida and recently expanded to Atlanta. Every item on their menu contains less than 475 calories, and features lean meats and seafood, good carbs and beneficial oils such as extra virgin olive oil—a unique departure from

**DINING OUT?—A new poll reveals diet and eating habits of Americans and shows that given the choice of fried or grilled, respondents preferred grilled.**

the standard fried fare at many restaurants."

The online survey of nearly 1,900 Americans who recently ate at a casual dining restaurant also showed that when given a choice between food that is grilled or fried, an overwhelming majority (87 percent) said they preferred their food grilled.

"When dining out, you notice that many restaurants do not offer a grilled option to their customers. For example, how many menus offer fried wings as an appetizer, compared to those that offer a grilled wing option with a reduced-fat hot sauce?" said Garlick. "Unless you want fried, you often are left out."

The survey also revealed that more Americans are eschewing red meat. Thirty-six percent said they were eating less red meat compared to five years ago. Only 8 percent said that they were eating more red meat.



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