WEST BEND NEWS

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VOLUME 1 – ISSUE 2

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THURSDAY, SEPTEMBER 8, 2005

PAULDING COUNTY HOSPITAL **ANNOUNCES CHANGES IN REHAB** PERSONNEL



Natalie Miller

Gary Adkins, Paulding County Hospital CEO, announced a promotion and the hiring of two new employees for PCH's physical therapy department.

Natalie Miller, MPT, was promoted to rehabilitation director. Miller will oversee the hospital's physical, occupational, and speech therapy services and its fitness center. "Because of Ms. Miller's excellent work here at PCH and her strong educational background, we are very pleased that she accepted the promotion," said Adkins. Miller has been a physical therapist at the hospital since June 2004.

Currently she is working on a Doctorate of Physical Therapy and Manual Therapy Certification at the University of St. Augustine, Florida. She



Sarah Beining

received a Bachelor of Science in Health Science and a Master's of Physical Therapy at the University of Findlay, June 2002 and June 2004 respectively.

Michelle Taynor, DPT, was hired as a physical therapist. She received a Bachelor of Science in Pre-Physical Therapy and a Doctorate of Physical Therapy from Ohio University, June 2002 and June 2005 respectively.

As a physical therapist, Taynor will evaluate, treat, and develop a plan of care for patients for physical therapy in the outpatient, acute care, transitional care, school, and home health settings.

Sarah Beining, PTA, was hired as a physical therapy assistant. She graduated with an associate's degree from



Michelle Taynor

Rhodes State College, June 2005.

The hospital provides therapy services to help patients recover from an injury or hospitalization. Conditions that may require therapy include recovery from surgery, a stroke, or a motor vehicle accident injury; adapting to debilitating conditions like multiple sclerosis, Lou Gehrig's disease, and cerebral palsy; back pain, neck pain; rotator cuff repair; on-the-job injuries covered by worker's compensation; total knee/hip replacement; vestibular rehab and balance; and post-op care for carpal tunnel syndrome.

For information about PCH's therapy services or the fitness center call, 419-399-4080 or 800-741-1743.



Paulding students working with OMUN

PHS STUDENTS PARTICI-PATE IN O.M.U.N.

community. Throughout the three-day weekend the group was given many compliments on their appearance, participation, and behavior.

The OMUN students would like to sincerely thank the community and all of last year's crafters for their financial support of this trip. This year to raise funds for the trip the students will host their Second Annual OMUN Craft Sale on Saturday, October 1, 2005 from 10 am to 4 pm in the Paulding High School gymnasium and commons. The day will consist of a craft sale featuring many local crafters, a bake sale, concessions, raffle, 50/50, and door prizes donated by several local businesses and crafters. We hope that the community will come out and support this event. Without the communities support we would not be able to participate in this awesome educational opportunity.

OAKWOOD TO BUILD NEW EMS/FIRE STATION

The Village of Oakwood currently has an EMS/Fire house that is 60 years old and need extensive repairs to keep in shape plus it is getting too overcrowded according to EMS Coordinator Ron Eakins and Fire Chief Greg Landers. They are in process of purchasing a piece of land for a new building located at the corner of 6th and Main St, which is on the east edge of the village. The town is currently debt free and not requesting any additional new taxes or levies. The Fire and EMS will obtain a loan and will be making payments themselves. Any donations are appreciated.

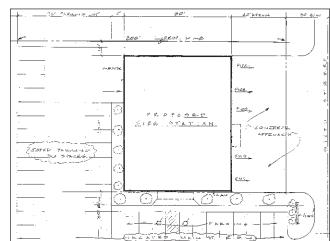
All the departments current equipment is in good shape due to the fact they received three FEMA grants from the Homeland Security. The finalizations of blue prints are en route and hopeful to begin in Spring of 2006. The EMS currently serves the communities of Oakwood, Melrose, Brown Township, Auglaize Township, and part of Washington Township. The Fire House serves all of these as well and backs up the Auglaize Township since they have their own station.

The Village is open to any suggestions of the current building upon relocation of the station. Anyone with suggestions may contact the Village.

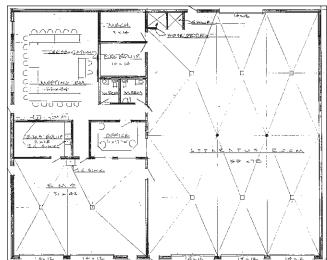
The Oakwood Fire & EMS along with Auglaize Township Fire are currently on standby to go to Louisiana to help with the rescue from Hurricane Katrina.

ANTWERP COMMUNITY HEALTH FAIR

The Antwerp Community Health Fair is Saturday, October 1st, 7:30 - 10:30 A.M. The fair is sponsored by the Antwerp United Methodist Church and Paulding County Hospital. A profile of blood tests is being offered to the men and women of the Antwerp Community. You must be fasting at least 12 hours prior to your testing. You may take your regular medicine and also have water. There is a charge to cover the testing. This will be payable the day of the tests. Also, you are to bring a self-addressed stamped envelope that day so your test results can be mailed to you.







Proposed Drawings for New Oakwood Fire/EMS building

"Bringing Your Heroes To Life!"

Paulding High School's Ohio Model United Nations debate classes sent twentyeight students to OMUN, which was held from December 10th through December 12th in Columbus, Ohio. This was the second time PHS students have participated in this state wide competition. It is only through the generosity of many local businesses and citizens that Paulding High School is able to participate in this mock United Nations.

This year they look forward to attending again from December 8th through December 10th. The students who attended both years enjoyed their experience very much. During the first year of attendance, two PHS stuof an "Outstanding Delegate Award," along with Elisha Ramey who was presented with an award for "Outstand-ing Leadership." This past year was no exception. PHS students did very well and returned home with three special honors, including the top honor of "Outstanding Resolution". Receiving awards were Kandi Smith "Outstanding Leadership", Cody Etter elected as a state officer as Council President, and the nation of Zimbabwe, represented by Kasey Carlisle, Ashley Dalton, Krystal Brown, and Jesus Orona, won for "Outstanding Resolution". Each time we have attended this competition our Paulding students did an excellent job representing not only Paulding High School but also our

dents were award recipients.

Cody Etter was the winner

CORRECTION

The book review in issue #1 was by Regan Clem. We apologize for any inconvenience this may have caused.

Your ad goes to over 9,000 mail boxes a week. For \$20 you can have your ad go to everyone.

Representatives from community service organizations will be there until noon to assist you with more information.

A free brunch will be served after your testing. We hope to see many of you on Oct. 1st., taking advantage of this low cost opportunity. For more information, please contact Paulding County Hospital.



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OBITUARIES

Clara, M. Adams, 66, Oakwood, died August 25 at Toledo Hospital, Toledo. Clara (Linnabary) was born October 22, 1938 in Defiance. She married Richard "Dick" Adams December 6, 1959.

She is survived by her husband, 1 daughter - April Wassermann, Waterville; 2 sons - Matthew, Defiance; Ricky, Napoleon; 2 half-sisters - Nellie Scherer, Grover Hill; Ella Eblin, Melrose; 1 brother: Fred Linnabary, Dustin, OK; 2 grandchildren.

She was preceded in death by her father, Everett Linnabary, Mother, Helen (Grossell) Linnabary; grandaughter: Holly Wasserman.

Clara was a member of the Oakwood United Methodist Church, Defiance Hospital Auxillar; Oakwood Pride & Patience CCL Club; former EMT for Oakwood EMS-10 yrs.; Oakwood Library Board-20 yrs; Mother of the Year from the State of Ohio in 1981 for her service with the Paulding Co. Board of Mental Retardation & Developmentally Disabled; volunteer at Defiance Hospital.

Pastor Michael Brown performed the services at Heitmeyer Funeral Home, Oakwood. Burial at Sherman Cemetary, Oakwood. Memorials to Oakwood United Methodist Church.

Silva A. Deckard, 70, died Wednesday, August 31 at her son's residence. She was born on August 12, 1935 in McDougal, Arkansas the daughter of Barney J. and Eula (O'Guin) Gribble. On November 5, 1955 she married Ralph J. Deckard de-She was a homeceased. maker. She was a member of the Westside Missionary Baptist Church of Van Wert. She was a member of the Grover Hill V.F.W. Auxiliary, where she served as a past president. She was employed by the former Stokely Cannery of Paulding, FLP of Van Wert, Dickies Tent Factory of Oakwood, and the Ohio City Manufacturing Company of Ohio City.

Surviving: 2 sons; Thomas Deckard of Greenville, South Carolina. Randy Deckard of Van Wert, Ohio. 2 daughters: Norma Rickard of Van Wert, and Brenda Mawk of Paulding. 9 grandchildren. and 10 great-grandchildren. 3 sisters: Mrs. Eladis (Jr) Hinchcliff of Grover Hill, Mrs. Emma (Leon) Whittington of Van Wert, and Mrs. Thelma (Ishmael) Shelton of Oakwood. 5 brothers: Talma (Marilyn) Gribble, Alvin (Gail) Gribble, Melvin (Barb) Gribble, Verlin Gribble all of by the former Stokely Cannery of Paulding as a lab tech and Klinger's Beach as a lifeguard. She was a member of Sisters of the Skillet; former Corona Chapter of the Eastern Star; V.F.W. Post #587 Ladies Auxiliary; and American Legion Post #297 Auxiliary.

She is survived by her husband Kenneth C. Thomas, Paulding; two daughters, Ann Waldman, and Carol (Edwin) Temple, both of Paulding; three sons, Raymond (Jeanette) Thomas, Tempe, AZ, Jim(Julie) Thomas, McKinlevville, CA, and Norman (Barbara) Thomas, Payne; two half-sisters, Thelma Shisler, Rocky Ford, CO, and Mary Thurman, Odessa, TX; two half-brothers, Lester Squibb and Yale Squibb, both of Portales, NM; eighteen grandchildren; and twenty-six great-grandchildren. She was preceded in death by a sister, Dorothy A. Schmidt and a grandchild. Funeral services were Thursday, September 1 at the Paulding United Methodist Church with Reverend Jack Berry officiating. Burial in Pleasant Grove Cemetery, Paulding. Donations to American Heart Association, the American Cancer Society, or Paulding County Hospital Home Health Care.

Ova B. Phlipot, 90, died Monday, August 29, at the Paulding County Hospital. She was born September 10, 1914, in Paulding County, the daughter of Albert and Emma (Keist) Copsey. In 1934, she married Leo A. Phlipot, who preceded her in death.

She was the kitchen supervisor for the Paulding County Hospital retiring in 1979, after 18 years. She was a member of the Calvary Bible Church, Paulding County Senior Center, a charter member of the Sisters of the Skillet, a member of the Public Employees Retirement System, and the John Paulding Historical Society. She is ved by a daughter, Helen (George) Kelly, Paulding; five sons, Robert (Dolores) Phlipot, Donald (Janice) Phlipot, and Ray Phlipot, all of Paulding; Roy (Mary Jo) Phlipot, of Scott, and Richard Phlipot, Defiance; a sister, Dorothy Wilson, Bushnell, FL; and two brothers, Leroy Copsey, Defiance, and Ray Copsey, Harlan, IN; nineteen grandchildren; twenty-nine great-grandchildren; and two great-great-grandchildren. She was preceded in death by her parents; husband, Leo Phlipot; a brother, Clarence Copsey; six sisters, Martha Wolf, Pearl Copsey, Lois Porter, Hazel Phlipot, Edna Hamman, and Iva Foreman; and three granddaughters.

Funeral services were Fri-

in various bowling leagues at Hi-Lanes Bowling in Hicksville. Beverly was survived by her husband; a brother, David Hatzell and a sister Wanda Champ both of Redkey, IN. She was preceded in death by her parents and two brothers George and Richard. The funeral service was on Thursday, September 1st at Jones Mortuary in Redkey. Burial at Hillcrest Cemetery in Redkey.

Lois M. Glick, 90, died Tuesday, August 30 at the Dallas Lamb Foundation Home Payne, where she was a resident. She was born in Paulding County on December 19, 1914, the daughter of James and Anna (Polter) Scott. She married Olen J. Glick in 1935. She was a homemaker, a member of the former Church of Christ of Sherwood, a member of the Emerald Township Community Club and the Paulding County Senior Center. Surviving are one daughter, Joyce Bok of Sherwood; grandchildren, Terri Bok, Mike Bok and Jane Garvin, Suzie and Charles Cox, Paula and Doug DeColo, Barb and Par Burger and eight great-grandchildren. She was preceded in death by her parents and her husband Olen Glick. Funeral services were Sunday, September 4 at the DenHerder Funeral Home Paulding. Father Timothy Kummerer officiated. Burial was in Live Oak Cemetery, Paulding. Memorials to donor's choice.

Ralph A. Thornburg, 69, died on Sunday, September 4 at his home. He was born on January 29, 1936 the son of Willis "Bud" and Leona (Gonser) Thornburg in Hicksville. He retired from Dietrich Industries, Hicksville. He was a member of the Bryan and Montpelier Eagles, and attended Bryan Church of Christ. He is survived by: six daughters, Kathy(Jeff) Eby, Ft. Wayne, IN; Mary Thornburg, Susan Steele, Linda Stairhime, Karen Beagle, Sarah (Kirk) Sholl, all of Hicksville; nineteen grandchildren; six great-grandchildren; a sister, Sherlene (Mike) Huffman, Bryan; a sisterin-law, Marilyn Thornburg, Bryan; two brothers, Butch (Ruth) Miller, Hicksville, and Denver (Alma) Thornburg, Bryan. He was preceded in death by his parents, a son, Robert "Jose" Thornburg; a brother, Jim Thornburg. The funeral service was at Smith & Brown Funeral Home, Hicksville. Burial at Forest Home Cemetery, Hicksville. Memorials to Hospice the Caring Way of Defiance.

Rose Marie Haney, 77, of Mansfield died Sunday, September 5 at Med Central Mansfield. Rose was born July 27, 1928 in Paulding to Floyd J. and Emma (Gary) Sutton. She was a retired secretary for the United Methodist Church of Wooster and was a member of the First Christian Church (Disciples of Christ), where she was a member of the Christian

Woman's Fellowship of Ohio. She was also a member of the Johnny Appleseed Woodcarvers and numerous church and community groups. Rose is survived by her husband of 57 years, Paul Russell Haney of Mansfield; daughters, Connie (Gary) Oswalt of Mansfield, Kathy (Larry) Nickell of Waycross, GA, Julie (Mark) Gilson of Sevierville, TN; sons, Gary (Cathy) Haney of Clinton, OH, Mark (Suzette) Haney of Warren, OH; thirteen grandchildren; sister, June Taylor of Paulding; sister-in-law, Barnetta Sutton of Paulding; sister-inlaw & brother-in-law, Leah

and Richard Gunderman of Paulding; brother-in-law and sister-in-law Herb and Lois Haney of Cherokeevillage, AK; brother-in-law and sister-in-law, Owen and Kathy Haney Springfield, OH. Rose was preceded in death by her parents, two brothers, one sister, one grandson and one great granddaughter. Funeral services were at the First Christian Church Wednesday at 10 am conducted by Rev. Sharon Kiesel and Rev. Raymond C. White. Burial was in Live Oak Cemetery in Paulding. Memorial contributions may be made to the First Christian Church.



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Our new mammography system is the **most sophisticated breast imaging technology available** (ImageChecker Computer Aided Detection) and **more comfortable for patients.**

Grover Hill, Lee Roy (Lolita) Gribble of Van Wert.

She was preceded in death by her parents, her husband: Ralph Deckard and 1 sister: Leona Busbey. Funeral services were 11:00am (EDT) Saturday, September 3 at the DenHerder Funeral Home in Paulding. Pastor Tom Peltier officiated. Burial was in Middle Creek Cemetery, Grover Hill. Memorials to Donor's Choice.

E. Maurine Thomas, 84, died August 28, at her residence. She was born January 2, 1921 in Scott. The daughter of Raymond H. and Edyth M. (Jenkins) Squibb. She married Kenneth C. Thomas on August 12, 1939. She was a homemaker and a member of Paulding United Methodist Church. She was employed day, September 2 at the Calvary Bible Church. Burial in Live Oak Cemetery, Paulding. Donations to Paulding County Senior Center, the Calvary Bible Church or a charity of the donor's choice.

Beverly S. Volkert, 76, died at her home Sunday, August 28. She was born February 19, 1929 the daughter of Gerald and Velma (Colson) Hatzell in Redkey, IN. She was married to Mervin Volkert on February 14, 1959. She was a homemaker and a member of the First Church of Christ, Hicksville. Beverly participated in the Professional Girls Baseball League from 1949-1951. She was a participant in the Women's Golf League at Hickory Hills Country Club, Hicksville from 1961-1967, and she was



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Dr. William H. Strawter, M.D., Ph.D., FACS

As a hospital-employed surgeon, Dr. Strawter is **committed to serving the needs of Paulding County residents** *first*. He is **board certified in general surgery** and has completed a fellowship in vascular surgery. He is **experienced in general, laparoscopic, and thoracic surgery, endoscopy, and obstetrical and some gynecological surgeries.** He earned his M.D. and Ph.D. at Emory University and completed his surgery internship and general surgery residency at Loma Linda University in California.



The Joint Commission on Accreditation of Healthcare Organizations sets the standards by which healthcare quality is measured in America.

ANTWERP ELEMENTARY

School Calendar Tuesday Sept. 13 PTO Meeting.

Pizza Sales.

Reports Sent Home Tues. Sept. 20 Inservice-

no school. Wed./Thurs. Oct. 5&6 Pic-

ture Days. The Student drop-off is

at the circle drive located on the south end of the school is designated for drive-around drop-off and pick-up of students. Please do not park your car in the drive while you walk your child into the school. If you want to walk into the building to deliver your child or pick them up, please park in a parking space in front of the school. Safety is our first concern, and the traffic flow will not be as congested. Your cooperation is appreciated.

Please make a note on your calendar that Sept. 20, is our first teacher inservice day. There will be no classes so that teachers may attend training. This will not be announced on the television or radio stations, so please mark your calendars now.

School Pictures are to be taken by Lifetouch Studio pictures on Wednesday, October 5 & 6.

K & Pre K classes that are scheduled for class on the 5th will get their pictures taken on the 5th.

K & Pre K classes that are scheduled for class on the 6th will get their pictures taken on the 6th.

Grades 7-11 will have their pictures taken on Oct. 6. Seniors will have their pictures taken on Oct. 5.

Child Preschool Screening: The next child preschool screening for Paulding County will be held at Grover Hill Elementary from 9:00 a.m. To 1:00 p.m. This screening is for children from ages birth through five years. Please call 1-800-686-2964, ext. 114 for registration information. Walk-in's will also be accepted.

ANTWERP CONSERVATION UPCOMING EVENT

The Antwerp Conservation Club will be having it's silhouette shoot on Saturday September 10th at 12:00 noon. The public is invited for this event.

The 2nd thursday of each month the ACC has a their meetings for members only.



Antwerp Church of Christ J.A.M. kids Birthday Party

J.A.M. BIRTHDAY PARTY - A GOOD TIME FOR ALL

On Wednesday night, August 31st, the Antwerp Church of Christ J.A.M. kids had their annual Birthday Party. Every year the teachers of J.A.M. program throw a party for all of the students and their parents. This year we played a Napoleon Dynamite-style kickball game and enjoyed a delicious cake and ice cream provided by one of the church ladies. Thanks kids for another great year!! J.A.M. does a special event every month

for the children who attend. Our J.A.M. Program is like a weekly VBS for children of all ages. The times are as follows: Wednesday evening from 7-8pm. Hope to see you there!

The young people in the photo are, back: Naomi Barkman, Luke Dillinger, Michael Richards, Jaramy Barkman, Kayla Emerson, Sara Trauterman. Front: Kylee Trauterman, Chrissy Richards, Jonathon Pendergrast, Joel Steiner, Julia Steiner, Brandon Pendergrast, Jarrison Steiner, Kasey Grant.



SCHOOL NEWS & NOTES

Thursday Sept.15-27 PTO

Friday Sept. 16 Interim

lical" archeology, and the Indiana Jones series is no exception. The third in series is entitled "Indiana Jones & the Last Crusade" and is about the search for the cup of Christ.

At the last location in the film Indy's father, Henry, is shot by a Nazi-friendly American. In order to save his father, who is bleeding from the wound, he must find and use the healing power of the "grail".

"X" MARKS THE SPOT

Antwerp Church of Christ

archeology, especially "bib-

I fancy movies that have

By Bryce Steiner,

There are three devices of lethal cunning (booby traps) that must be overcome to get to the holy "grail". Grail itself comes from the Latin word 'gradale' and it simply means a dish brought to a dinner table.

The first of the traps is to get through the breath of God. Henry Jones' diary stated that only the penitent man will pass. As Indy gets closer to seeing the breath of God, he realizes that the penitent man is humble before God.

The second test is "only in the Word of God shall he pass". This is the focus of my article.

Henry's journal states "Only in the footsteps of God will be pass". This is the clue that Indy picks up that should safely take one through the alphabet test. It looks like a series of flat stones to walk on with a letter of the Latin alphabet written on each. If there is a misstep then the stone falls through with the

person into a possibly bottomless pit. Indy thinks about this for a while and figures that he needs to find the Word of God.

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What is the 'Word of God'? Of course, it's the Bible. Right? The Bible is considered the word of God because it has God's revelation, but the Bible itself says Jesus or Jehovah is the Word. John 1:1 says, "In the beginning was the Word and the Word was with God and the Word was God." Again, in verse 14a it says, "The Word became flesh and made his dwelling among us."

I had wondered "Why did they use the terminology 'Word' in the movie? John answered that for us. The movie used it correctly. Jesus (or Jehovah) is the Word. Jehovah is Christ. He is the Word of God. He is the Creator and He is our Savior.

Jesus points out in the gospels that the way to be saved is through Christ. There is not other way. Just as Indiana could only reach the grail or saving power through the name Jehovah (Iehovah in Latin), we can only reach God through Jesus.

Jesus said, "I am the way, the truth and the life, no one comes to the Father, except through me." John 14:6

As for the title? 'X' is said to never mark the spot in Indiana's archeology class. This time it did in the old church/ library. There is a mistake in the movie right here though. Look at it again, and tell me if you can see what it is.

See you Sunday!!

"A BUCKET FULL OF **GRACE**"

By: Sue Knapp

I had a very full weekend. Saturday, after I cleaned the house (the top layer) I went to Fort Wayne to see my mom and do some shopping. I usually go on Mondays, my day off from the pharmacy, but now that I'm up at the newspaper also I have to go when I can. This week it was Saturday. I love to go see my mom, but going to Fort Wayne is like going to a different world.

I left about 3:30. On the way up I stopped at a truck farm and got some peaches.

The taste of those peaches took me back to my childhood, when peaches tasted the way they're supposed to taste, with juice running down your arm and all over your face.

I arrived at my mom's and found out my sister was going with us, but she had flowers to take to weddings so we waited a little bit. When Sandy arrived, we took off to the department stores out on 37. We had to eat first, of course, so we went to a buffet there. After we stuffed ourselves, away we went. I could tell right away that the Lord would have to be with us because traffic up there is awful. I think they should put traffic lights in the parking lots of the department stores. I guess battling the Antwerp traffic is not so bad. We did get to our destination safely. Now we were in the

store, which was aisle to aisle shopping carts and people. Doesn't anyone stay home on Saturday night? I finally got home about 10:00. I love to be with mom and sister, but I was glad to be home.

Sunday came and we got to go to church and see our church family and be edified by a good sermon. After, we went to a buffet and ate lunch with some of our church family, which is always a treat. Steve and I then went home and rested. That afternoon I decided to go to my son's and his family's house to see their 3 new piglets The piglet's names are Dinner Bell, Jimmy Dean, and Bob Evans. The goats and dogs are named, I'm not sure about all the chickens, but I did hear one of the kids call one of them Cluck. There we were sitting in lawn chairs in front of the pig pen watching the pigs root around, listening to the rooster crow, the chickens cluck, the dogs run around, the goats baa, and the "katydids" sing. Little Grace, who is 2 1/2 said, "Watch me, Grandma". She then put her self in a 5 gallon bucket and all you could see sticking our was her little face. Hence, a "bucket full of Grace". As I was leaving their house to go to Sunday evening church, I thought about my weekend,. There was no contest, dogs running, chickens clucking, goats baaing, 5 kids and a "bucket full of Grace" won hands down.



Community Memorial Hospital

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- Neuro-muscular Disorders
- Vertebral Body Compression Fractures
- Muscle Pain
- Acute & Chronic Pain

For appointments with Dr. Kaplansky at the Community Memorial Hospital Clinic CALL (260) 489-5446 and request to be seen in Hicksville.



Let West Bend News announce vour engagement, wedding or anniversary. It's only \$4 per column for the photo and the announcement is community news.

Keep the news coming. News is always free. Let your friends, neighbors and community know what's going on!

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ALCO STORE INTRODUCES WEEKLY SENIOR DISCOUNT

The Paulding ALCO store has announced a weekly discount on Tuesdays for all shoppers 62 and over. Began in August, seniors now receive a 15% discount on their total purchase.

As a general merchandise retailer that serves rural and smaller communities across 21 states, many of the company's customers are over age 62. "These customers often rely on our stores for their staple items," said Bruce Dale, President and Chief Executive Officer of Duckwall-ALCO Stores. "They count on our breadth of merchandise and our reasonable prices when they are on a fixed income. They know they get a good value when they shop our stores."

Mr. Dale added, "Seniors are very important customers to Duckwall-ALCO stores.

ANTWERP PLAYGROUND-**CLOSER EVERYDAY**

Just months ago the thought of a new playground in Antwerp seemed so far away. Today the project is only \$7000.00 from its goal! This is because of the newest donor, Ronald McDonald House Charities of NW Ohio. Word was received from Lynda Ackerman, director of R.M.H.C of NW Ohio, that the Antwerp playground is being awarded \$10,000.00 for its project.

The grant is a matching fund that awards \$5000.00 now and the balance in 60 days from Ronald McDonald House's global office. This grant would not have been possible without the help of John Bollman, owner/operator of the Hicksville, Ohio McDonalds. His endorsement of the project was essential in bringing this money to Antwerp. Antwerp's own Chris Feichter and Julie Taylor also made this money possible with their diligence in the grant writing process. Because of this grant, the Antwerp Friends of the Park has begun planning the actual construction of the playground. They are now working with the Antwerp Village on preparation of the site. The entire committee is optimistic that all of the funds will be received soon and the playground will be completed in October.

Donations are still needed. Amounts of any size are appreciated. You can call Michelle Dooley at 419-258-2304 or Julie Taylor at 419-258-2561 to ask about the Patronage Plan, donate other funds or order granite pavers.

We value their business and have chosen to offer them a special benefit. We are confident they will appreciate a 15 percent discount and will plan their weekly shopping trip to include our stores.

The company recently announced a revamped website, www.alcostores.com, which features the current ad circular so customers who like to shop online can check out special purchases every week. In addition, the website also offers gift cards for purchases in Duckwall-ALCO stores.

Founded in 1901 by A.L. Duckwall as a general merchandising operation in Abilene Kansas, Duckwall-ALCO is known for its convenient locations and for its friendly personal service. The company has 247 stores in 21 states across the central United States, operating under two names ALCO and Duckwall.

KOINS FOR KATRINA

The Paulding High School Student Council and National Honor Society members are planning a "Koins for Katrina" day on Tuesday, September 13th. Students in grades K-12 are being asked to bring in all the spare change they have. Teachers are to collect the change each period in the Middle School and High School. The elementary buildings will do a collection in each classroom. The money will then be taken to the State Bank and counted. Our goal is to raise at least \$2000.00 in one day. We are encouraging all students to participate in this worthwhile project.

Thank you. Karen Schlatter Paulding High School Guidance Counselor and NHS advisor

THE TURNING POINT OF **PAULDING COUNTY, INC.**

The Turning Point provides confidential assessment, intervention, referral. prevention and treatment services for adults and adolescents who have alcohol, drug and nicotine treatment needs. Through our prevention programs, we provide education to youths of Paulding County and the surrounding area, from elementary school through high school.

A Garage Sale will be held on Fri. 10-5, Sat 10-3, September 16th and 17th at The Turning Point, 451 McDonald Pike parking lot, Paulding, in an effort to raise funds to meet the immediate medical needs of a community member. Donations of office furniture, living furniture, collectibles and baked goods are needed. Pick-up of your items may be arranged by calling (419) 399-5612.



Missy Richey, Patti & Bob Kammeyer **THE ANTWERP FRIENDS AEA DONATES \$1000 FOR FAST APPROACHING GOAL** PLAYGROUND

The Antwerp Friends of the Park are closer to their goal thanks to another bronze donor. Bob and Patti Kammeyer, owners of Kammeyer's IGA donated \$1000.00 for the new playground equipment at Riverside Park. Missy Richey (on left) from the Friends of the Park Committee accepted the generous donation from the Kammeyer's.

HISTORY OF ANTWERP

By Stan Jordon/Sue Knapp

This week is focused on the old school, but here are a few tidbits about the town.

The village of Antwerp was established in 1841. In 1941 they celebrated the 100th anniversary at Riverside Park when Stan was a senior. Gas was 16 cents a gallon, candy bars was 3/10 cents and bread was 3/25 cents Now you have to know that the average wage was 50-60 cents an hour.

Most people either farmed or worked in Ft. Wayne. Dana-Weatherhead was built in 1951.

Stan graduated in 1942 in a class of 33 students, 22 girls and 11 boys.

School started Tuesday after Labor Day. Football started the 3rd week after school started.

The football and baseball fields were at the end of Dagget Street. When Antwerp won a football game the school bell was rung. Stan played on the football team in 1939. That was the year that Antwerp played undefeated, untied, and the opposing teams didn't have a chance to score.

The school didn't have to worry about a dress code. The boys wore overalls and the girls wore dresses. With the war in the early to mid 40's the girls started wearing slacks to school.

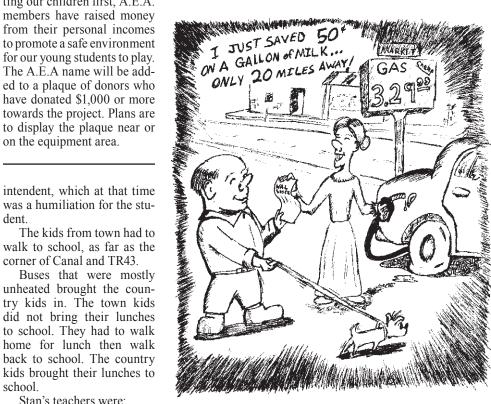
Discipline was not a prob-

Letter to the Editor:

With the events of recent weeks, the ever-rising gas prices and the devastation of Hurricane Katrina, one must wonder how does this affect the thinking of the average person in their day to day lives. To many people's surprise it really doesn't change the way most go about their daily business. We still trek to the furthest grocery store because they had "this" on sale for \$0.50 cheaper than our local market. Or gas what \$0.03 cheaper here, when you had to drive 20 miles away to get it!! Does anyone besides me see ignorance of this mentality. We need to start utilizing what we have right here in front of our noses or we will lose it. Some may say that fighting the gas prices is a losing battle because

we all need it. Yes, we all need but let's learn how not to waste it. Go to your local barber to get your hair done, visit the Mom & Pop restaurant for your night out, that local gas station is not looking too bad in price once you sit down with the calculator and figuring how much you are "really" saving, that local market may not have all the varieties of the huge supermarkets but you can still get what you need. Really that is what community is all about, using each other so we all can thrive. Let us remember that the next time we think we have to go that grocery store that is 20 miles away when there is one that is right here only 2 miles down the road. Sincerely,

Angel Steiner



intendent, which at that time was a humiliation for the student The kids from town had to

on the equipment area.

The Antwerp Education

Association met on Teacher

Work Day, August 22nd and

voted to donate \$1,000 to the

current Playground in the

Park campaign. Always put-

ting our children first, A.E.A.

walk to school, as far as the corner of Canal and TR43.

Buses that were mostly unheated brought the country kids in. The town kids did not bring their lunches to school. They had to walk home for lunch then walk back to school. The country kids brought their lunches to school.

Stan's teachers were: Miss Carr-1st grade Gladys Boylan-2nd grade Mary Jailor-3rd grade Neola Gordon-4th grade Viva Ann Johanson-5th grade

Grace Schmunk-6th grade Neola Gordon-7thgrade Walter Burnett-8th grade Mr. Carter, Mr. Horney, Mr. Bell, Miss Zimmerman, Mr. Clemmer, Mr. Deemer was Superintendent.

Having a garage sale? Where better to show it for the whole community than in the West Bend News Classifieds! It's only \$4 for 25 words or less. Just call 419-258-2000 or stop in M-F 8-5pm. All classified must be submitted by 5 pm on Fridays

West Bend **PRINTING & PUBLISHING INC.** Publishers of the West Bend News free circulation newspaper

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As Deployments Continue, Military Families Find Child Care Support In Their Own Neighborhoods

(NAPSA)-Child care is one of the leading concerns and expenses for a majority of families with young children. The need for affordable child care is even greater for America's military fami-lies facing deployment, who experience the overnight loss of a 's narental support spous Many military families, particularly Guard and Reserve, live too far from a military installation for onbase care to be an option. As a result, many of these families look to local providers within their civilian communities for child care. Recognizing the need to extend support for quality child care options into the communities where military members are living, the Department of Defense recently launched two new programs to work in coordination with civilian child care providers. Operation: Military Child Care and Military Child Care in Your Neighborhood help military families (Guard, Reserve and active duty service members) find and pay for child care directly in their own communities. The program was launched as a joint effort with the National Association of Child Care Resource and Referral Agen-"When a military service mem-ber with children deploys for duty, the remaining spouse really becomes a single parent over-night," said Linda Smith, Executive Director for NACCRRA. "It can be a struggle emotionally and



lem back then. The teacher was allowed to discipline or send the student to the super-

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Is you child or grandchild graduating from basic training? Or maybe he/she has received a special honor? Let the community know by submitting it to the West Bend News by Friday @ 5pm each week. Remember -- there is no charge for area news!!

The West Bend News
has the lowest ad prices
in the area with one of
the largest distributions.
Why advertise in here?
Because you are reading it!

Two new programs are helping to provide affordable child care for the children of service members.

financially for these families These programs step in to assist these families with child care options and expenses at a time when they've never needed it more

Both programs are designed to help families find licensed child care if they don't already have it as well as pay for it. Operation: Military Child Care lends support to families of deployed Guard Reserve, and Active Duty Service Members. Its sister program, Mili-tary Child Care in Your Neighborhood, provides assistance to geographically dispersed Active Duty Service Members to find care directly in their own communities.

Eligibility for both programs will depend on a family's total income, as well as its location. To learn more about these programs and to sign up, please call 1-800-424-2246 or visit online at www.childcareaware.org for help applying for the subsidy and loca-tion assistance. Content provided by NACCRRA and the Department of Defense.

DEADORALIVE

ADVERTISEMENT & NEWS

An ad this size costs only \$40 a week. Reaching over 9,000 mail boxes weekly, you cannot advertise for less anywhere in the area.

It measures 2 columns by 4 inches.



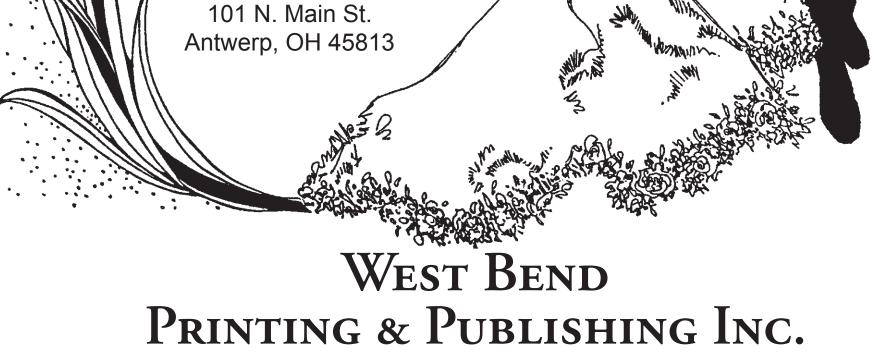
all your new customers from reading your ad.

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Publishers of the West Bend News free circulation newspaper

419-258-2000 fx 419-258-1313 PO BOX 1008 101 N. Main St. Antwerp, OH 45813 West Bend Printing & Publishing has a full line of Wedding invitations, envelopes, napkins and other supplies for your wedding or anniversary. Stop in and check out our selection to see what will fit best for you.

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Planning a Wedding?

ANTWERP'S OLD SCHOOL

Tom and Brian McLaughlin have diligently been working on the old Antwerp school.

They have stained 100 chairs and have tables and booths ready for the restaurant. They are waiting for the contractors to get the new Field House done. The electrical and HVAC inspections have been passed and they are waiting on the plumbing to be inspected. As soon as that is done they'll hang and paste the drywall. After all that, the contractors will go down and start on the construction for the assisted living and restaurant in the old school.

They will be looking for a manager for the Amish Buffet and Restaurant and many full and part time servers. There will also be a need for people to assist the residents both full, part-time and volunteer. They expect to have the buffet open the last of October or 1st of November. The assisted living by the 1st of the the year.

Two weeks ago, Brian saw a man wondering around the old school and asked if he could help him with anything. It turned out that the man was Jack Bickard, who grew up and graduated from Antwerp High School. He started first grade in 1931 where he met his wife, Betty Hopkins. They both graduated in 1943 and where married in 1944.

He remembered the time when he was in the 3rd grade. He and another boy were the only 2 kids in Antwerp to ride their bikes to school. The custodian must have felt sorry for them because he built a cement ramp that goes by the old gym, so they could ride their bikes right up to the school and avoid the steps and the hill. The ramp is still there.

Jack now lives in Joy, Oklahoma, but he has fond memories of his alma mater and comes back often to visit and see what is going on.

We will keep you updated on the progress of the old school and share with you memories of it's glory days.

Know Your Dangers-Smoke

causes more than 75 percent of fire-related injuries, according to

the United States Fire Adminis-

tration-and it can kill a person

in as little as 20 seconds. That's

why experts suggest keeping a smoke mask handy. The masks let

people protect themselves from

smoke as they escape a fire and they can be a simple solution in a

time of panic. For instance, the

Xcaper Smoke Mask uses some-

thing called moist filter technol-

ogy to absorb hazardous toxins

Smoke causes more than 75

percent of fire-related injuries,

according to the United States

Fire Administration—and it can kill a person in as little as

a theater or restaurant, take a few

moments to notice where the fire

exits are and if there is a back

way out. If you're at work, partici-

pate in any fire drills offered. Of

course, it's important to have an

For more information, visit

exit plan for your home as well.

www.mvxcaper.com.

20 seconds.

Fire Safety At Home And On The Road

(NAPSA)—Most Americans say they are prepared for a fire emer-gency at home. However, a recent study found you may be more likely to encounter a fire away from your house than in it.

Work-related fires, fires experi-enced in transit and other awayfrom-home situations occur every day—and like home fires, the key to escaping these fires lies in preparedness. Fortunately, that's a lesson not lost on many people who endure such emergencies. Nearly half of women and 40 percent of men who have experienced a fire while traveling say they took precautions for the future. So how do you prepare for fire

emergencies—whether they're at home or away? "If you have a few tools and techniques in place that you can call upon in an emergency, you can not only save yourself, but others as well, says Dr. Melissa Riley, founder of the University of Mississippi Emergency Medical Responders. "Know where fire exits are at all times, have an emergency game plan and keep an easy-to-use smoke mask available whether you're at home, work or play."

Here are Dr. Riley's top tips: **Prepare In Advance**—Install smoke and carbon monoxide detectors in your home and be certain to change the batteries regularly every year on your birthday, for instance). Also, consider keeping a fire extinguisher in your home. Be sure you know where the fire extinguishers are kept at your office as well.

Thanks!

A great Big Thanks to Antwerp & Surrounding Communities for all of the support over the last four years! Our customer appreciation day went off without a hitch on Saturday because of the loyal support of all the staff at Country Times Market. What a great bunch of employees! Thanks for all of your hard work & dedication to the store and to the customers. WE would not have been here four years if it were not for the employees and the customers!!!! Thanks again, for a great day!!

CLASSIFIED ADS Sell it in the classifieds! Classifieds are \$4.00 for 25 words or less and \$.10 for each additional word. Bold is \$1.00 additional. Fax or e-mail your ad in or stop on by. fax: (419) 258-1313 • Email: westbend@verizon.net

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BUSINESS CARDS are manufactured by West Bend Printing & Publishing. Stop on by at 101 N. Main, Antwerp. 419-258-2000.

FOR SALE Fisher Price Ocean Wanders Aquarium cradle swing. Six speeds, eight songs and swings front to back and side to side. In excellent condition. \$60.00 call 419-258-2560. tf

FOR SALE: Baby nursery furniture, light colored wood. Excellent condition. Crib - no mattress, dresser, changing table, glider rocker with pastel pad. Mike & Lidia Johnson, Antwerp 419-258-2825 or 419-542-5599.

START YOUR Christmas shopping w/Avon or earn extra money for the holidays. For information or an Avon book. Call Waldine at 419-258-2359 or 419-769-1018. www.youravon.com/wlawson 2,3p

FOR RENT: Mobile home for rent, Antwerp. 2 bedroom, 1 bath \$300/ month & deposit. No pets. 2,3p

WOOD CRAFTSMAN custom build most anything of wood. Wishing wells, planters, decorative benches & seats, wall shelves, wood puzzles for kids. 419-258-2362. 2,3p JOHN DEERE model 317, 17HP, 48in. deck, hydrostatic, front hydraulic hook-ups, new paint. \$800 OBO. 419-258-2362. р

POWER WASHING service. Will power wash anything: Houses, trailers, decks, patios, sidewalks and fences. 419-258-2621 p

DR. HOLT'S "Sleep Naturally" nutritional support for sleep, 60 capsules \$19.99. Available at Antwerp Pharmacy.

FOR SALE: Scope rings, .22-250 Rifle - Savage Sparter, 3 boxes of shells. \$400. Call evenings. 419-258-6772.

Private Duty Service, Inc a part of Paulding Area Visiting Nurses has opening for Home Health Aides for days, evening and night shifts. This case is in the Wayne Trace area. This is a part-time, possible fulltime positions. Training classes provided. Must have reliable transportation. Call Mon-Fri 8 a.m. to 3:30 p.m. or apply at 250 Dooley Dr., Suite A, Paulding. 419-399-4917 2-3

Foods You Love May Protect Your Brain

recent Alzheimer's Association International Conference on Pre-vention of Dementia had some good news for an aging population: Eating delicious foods such as strawberries and other berries is a positive step towards protecting your brain against future Alzheimer's disease. These foods are rich sources of folate, an important B vitamin, as well as vitamin C and other antioxidants that have been associated with prevention of cognitive decline.

Alzheimer's disease currently afflicts nearly 28 million people worldwide at a cost of around \$156 billion. At least four and a half million Americans are afflicted and this number is projected to climb as high as 16 million by the year 2050 as the elderly population grows.

The death of America's former President, Ronald Reagan, from Alzheimer's disease last year



Scientists say strawberries and other fruits can be "berry" good for your mental health.

study reported that taking 800 mcg of folic acid for three years slowed cognitive decline and preserved memory in people aged 50 to 70 years. Those who took the supplement had the memory capa-bilities of people five and a half years younger and cognitive speed



Ann's Bright Beginnings - Ribbon Cutting Ceremony Linda Wilhelm, Chris Adams, Clip Clippinger.

RIBBON CEREMONY FOR NEW PRESCHOOL

Ann's Bright Beginnings Preschool, Ltd. held ribbon cutting ceremonies for their new building and business recently. Shown here accepting their first dollar from the chamber director is from left: Linda Wilhelm, teacher of

3's, Ann Miller, administrator and teacher of 3's, 4's and 5's, Chris Adams, teacher of 4's and 5's and Clip Clippinger, chamber director. Ann's Bright Beginnings opened their doors to many excited children on September 6. For more information or to register your child (yes, it's not too late!), please call 419-399-KIDS.



Business & Industry Appreciation Banquet

September 22, 2005

OSU Extension Building

Social hour 5:30 - 6:30 Dinner at 6:30

Dinner by Grant's Catering Tickets are \$18.00 per person

Call 419-399-8282 for tickets

Ŧ Call 419-542-8992. and particulate matter common in house fires. It's designed with an all-natural moisturizing agent that allows for easy breathing and can be used when leaving a smoke-filled room. The mask is effective for 30 minutes or longer, depending on the conditions. Know Your Exits—Be sure to (NAPSA)—Researchers at the have an exit strategy any time you enter a building. If you are at

Special thanks to friends,

Oley McMichael Dave Krick

> John + Crisann Phipps Country Times Market.

We can do your wedding, graduation, anniversary or any other announcement that you may need! Come in and browse our selection!! West Bend Printing & Publishing - 419-258-2000 brought this once "closeted" condition onto center stage. Research has stepped up on ways to delay its progression, delay its onset or, better yet, prevent it altogether. So far, the best strategies for preserving brain health appear to be the very same ones that also may protect against other chronic diseases such as heart disease and cancer: healthier diets, more exercise.

In the healthy diet category, several presentations at the conference were of note. In one, older people who drank fruit and vegetable juices more than three times a week had a 75 percent reduced chance of developing Alzheimer's disease, compared to people who did so less than once a week. Another study assessed cognitive function in older people over a seven-year period and found that those with the highest fruit and vegetable intakes had the least cognitive decline.

Fruits and vegetables are high in antioxidant vitamins, phytonutrients, the B vitamin folate and other healthy components. One

of people nearly two years vounger.

An analysis of older U.S. women in the Nurses' Health Study also found that those with the highest plasma folate and vita-min B12 levels were cognitively equivalent to being about five years younger.

Strawberries, for example, are a particularly good source of folate, so getting these super foods into the diet as much as possible makes sense. Some people find it easier to achieve high levels of fruit intake by incorporating fruits into smoothies and other convenient drinkable forms.

Although much remains to be learned, the scientists think that fruit and vegetable nutrients benefit the brain by reducing inflammation, reducing oxidant damage, reducing homocysteine, improving brain cell membrane repair and function, improving blood flow and improving insulin sensitivity. All of these processes may be involved in development of Alzheimer's disease.

WE'RE STILL OPEN!

Tuesday is 95¢ Coney Day

OPEN 7 DAYS 11:00-9:30



PAGE 8 – WEST BEND NEWS – SEPTEMBER 8, 2005



Can Your Smoke Alarms Talk To Each Other?

(NAPSA)—Wireless technology for the home has changed our everyday life—from talking on cellular phones to Internet surfing while outside on the patio, we can always be "connected." Now, those same technological advances can enhance your family's safety without breaking the bank.

Innovation in Fire Safety

A unique application of radio frequency technology can now make your home's fire safety system wireless, too-allowing virtually every home to have interconnected smoke alarms, which experts say can provide an earlier warning to fire.

The Wireless System from Kidde links smoke alarms and accessories into an interconnected system so that when one smoke alarm sounds, all of the alarms and accessories sound. This immediate response provides warning throughout the home, and gives everyone more time to escape.

"People don't realize that on average they may only have three minutes or less to evacuate their home after hearing a smoke ' says Meri-K Appy, Presialarm,' dent of the Home Safety Council. 'That's why it is so important to plan ahead-install smoke alarms and create and practice a fire escape plan.

A Quick DIY Project

Retrofitting an existing home with a traditional, hardwired interconnected smoke alarm system takes time, and is cost and labor



alarms with wireless technology to keep homes safer.

intensive. Smoke alarms equipped with wireless technology provide a lower cost alternative for homeowners who want to install interconnected smoke alarms without having to rewire their homes. The Kidde Wireless System installs in less than 20 minutes.

"The Home Safety Council recommends installing smoke alarms on every level of the home and near all sleeping areas," says Appy. "Interconnected smoke alarms can alert a household to a fire at the earliest stages, giving caregivers more time to get family members to safety. Simply put, more warning in more places can give you more time to escape."

For more information on outfitting your home with wireless fire safety technology, please visit www.kiddewireless.com

Organic Foods Get High Grades In School Lunchboxes

(NAPSA)-As kids return to the classroom, parents once again face the challenge of deciding what to pack in their lunchboxes. With more parents realizing that diet affects children's overall health and well-being, organic foods and snacks are more popular than ever. According to a 2005 study by Mintel, more than 120 organic snacks will be introduced this year in the U.S.

Further, in a recent Opinion Research Corp. survey conducted on behalf of Horizon Organic, the nation's top producer of organic dairy products, one-third of parents said they are purchasing more organic foods than they did a year ago. Author and registered dietitian Julie Burns considers organic snacks a healthy choice for lunch boxes. "Eating habits are formed during childhood, so what's in a child's lunchbox is important. Moms love organic choices because they're healthy and nutritious and produced without the use of antibiotics, added growth hormones or dangerous pesticides," says Burns.

According to Burns, "Organic milk is important because it provides all the nutrients and vitamins you want from milk without the added chemicals you don't. Horizon Organic offers flavored single serve milks which is a great way for parents to help kids to get the calcium they need.

As you begin to incorporate organics into your child's school day, try these tips:



• Buy single-serve, organic milk products. The packaging allows for easy storage and portion control. And the delicious flavors make it easy to get kids to eat well.

• Prepare sandwiches with organic cheese for lunch.

• Incorporate organic fruits and vegetables for a balanced diet. • Offer children organic cheese

sticks and organic yogurt as snacks. How Do You Know When You

Are Buying Organic? Look for the "USDA Organic"

seal on organic products. Organic farmers must meet strict rules that govern how a product is grown and processed. A product is certified as "organic" only if produced under specific U.S. Department of Agriculture standards.

To learn more about tasty and kid-friendly organic products, visit www.horizonorganic.com.

AC/DC ALIVE AND DOING WELL

The newly formed Antwerp Community Development Committee held their first organizational meeting on August 31st, to form committees for the future growth and development of Antwerp. The response of the citizens of Antwerp was phenomenal! There were 54 people in attendance willing to volunteer to be workers on various committees. The focus of this committee is to promote Antwerp as a "bedroom" community for people who commute long distances to their respective places of employment without dealing with congested city traffic.

The committee feels that Antwerp is ideally located from Fort Wayne, New Haven, Defiance and other larger cities to accommodate these people. Antwerp has much to offer prospective newcomers, from a state of the art school system to a community filled with wonderful people. It's all right here! The consensus of the committee is that nothing stays the same for a community, you either grow by promoting your community or you cease to be an active, vital entity.

You will be hearing much more from this group of concerned citizens in the days to come. The committees will be meeting and planning strategies to move our town forward to make it an even more desirable place for your children and grand children to live. Continue to look in the West Bend News for meeting dates and times and an opportunity to lend your support. We welcome the presence and ideas from all citizens of Antwerp.

Following is a list of committees as they stand today, please respond if inaccurate. BEAUTIFICATION COMMITTEE

Patti Kammeyer, Laurel Hopkins, Karen Lee, Luddy Keating, Renee West, (Please let us know if there additions or corrections to these committees)

MEDIA LIAISON

Julie Hall, Laurel Hop-

DEVELOPMENT & IN-FRASTRUCTURE

Ron Eschbach, Jim Pendergrast, Steve Zuber, Lee Zuber, Ed Glass, Ray Friend.

PROMOTIONAL AD-VERTISING

Tera Shull, Randy Derck, Tom McLaughlin.

POLITICAL ACTION

Ben Wyckoff, Jim Pendergrast, Tim Derck, Dan Schutt, George Clemens, Mark Hartman, Pete Vail, Eric Walk,

Shawn Dooley, Court-

ney Shull, Tera Shull, San-

dra Temple, Julie Hall, Lisa

John Chilcote.

Glass

MARKETING

WEBSITE



A Healthy New Role For Garlic

(NAPSA)—A recent study that may be to everyone's taste found that garlic may prevent and potentially reverse or disperse arteriosclerotic plaque formation. Arteriosclerosis, a progressive thickening and hardening of the arterial walls, can result in heart disease, which is the leading killer of Americans today.



New research highlights garlic's role in dispersing plaque forma-tions which harden the arteries.

Conducted by Dr. Günter Siegel director at the Benjamin Franklin Clinic of the Free University of Berlin/Germany, the research reveals how exceptionally powerful a role garlic can play in protecting against this harmfully progressive condition.

These findings provide further evidence that taking a daily dosage of 300 mg of Kwai Garlic may help prevent arterial plaque buildup or even reverse or disperse existing plaque. Kwai was the only brand used in the study and is available in drug, food and other fine specialty stores nationwide.

To learn more about the study. visit www.abkit.com or call 800-226-6227.

Weather means more when you have a garden. There's nothing like listening to a shower and thinking how it is soaking in around your green beans. --Marcelene Cox

Don't wear perfume in the garden--unless you want to be pollinated by bees. --Anne Raver

It is a golden maxim to cultivate the garden for the nose, and the eyes will take care of themselves. --Robert Louis Stevenson

Gardens are a form of autobiography.

WHOLE NEW YORK

STRIP STEAKS

--Sydney Eddison

SOME ITEMS IN LIMITED SUPPLY - NO RAIN CHECKS

\$**3**68

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Pictured above are Tony Burkley, Paulding County Commissioner, Betty Montgomery, State Auditor. She is running for Governor.

BETTY MONTGOMERY, CANDIDATE FOR GOVER-NOR, SPEAKS AT REPUBLI-**CAN FALL BANQUET**

The annual Republican Fall Banquet was held Thursday, September 1 at the OSU Extension Building at the Paulding County Fairgrounds. Many state and local candidates were present and introduced themselves.

Three people were honored for their dedication to Paulding County. Russell J.

the Paulding County Probate and Juvenile Courts received an engraved clock, as did Paulding County Treasurer Betty Layman for her 16 years of service, and William C. Fast, Jr., a retired teacher in the Paulding County Schools (including Antwerp) and presently serving as Treasurer of the Paulding County Republican Party

McMaster, retired Judge of

The evening ended with all singing "God Bless America."



PH: (419) 258-7842

FAMILY PACK

FROZEN SPLIT

CHICKEN BREAST

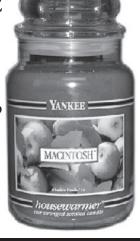
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